

Summer Guice 2019 PROGRAMS & EVENTS







Y

630.627.6100

info@obtpd.org

obtpd.org



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Office Locations & Hours

Heritage Center

1S325 Ardmore Avenue Ph: 630-627-6100 Fax: 630-627-6180

Hertiage Center Hours

Monday-Friday 8:30am-4:30pm

Fitness Center

1 Parkview Plaza Ph: 630-574-0420 Fax: 630-574-0430

Fitness Center Hours

Monday-Friday.....6:00am-8:00pm Saturday......7:00am-1:00pm

Heritage Center & Fitness Center

will be closed on: May 27 Jul 4 Sep 2

Find us on:



Resident Registration Begins Mon, Apr 15 **Open Registration** Begins Mon, Apr 22

Park Board

Board of Commissioners

Roger Sweitzer President	
Dan Flanagan Vice President	
Susan Lugo Recording Secretary	
Bill Cizek Treasurer	
Maryanne Neffke Secretary	

Park Board Meetings

Oakbrook Terrace Park District board meetings are held the fourth Tuesday of each month at 7:00pm in the Heritage Center board room. The public is always welcome to attend.

Upcoming board meetings are:

Apr 23	Jul 23
May 28	Aug 27
Jun 25	Sep 24

Lake View Nature Center

17W063 Hodges Road Ph: 630-941-8747 Fax: 630-941-3558

The Nature Center is available to the public by signing up for one of our programs, arranging a birthday party or event, and by booking a field trip for your school or group.



Check out information on our new summer camp offerings on page 6.

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Park Board • Staff

Staff

Administration

Cathy Fallon Executive Director
Shannon Elsey, CPRP Superintendent of Recreation
Tom BellSuperintendent of Facility Operations and Park Maintenance
Taylor Stirmell, CPRP Recreation Supervisor
Antonio WashingtonBusiness Services Coordinator
Carolyn Potosnak Marketing Coordinator
Michelle Hrody Registration Clerk

Fitness Center

Josh Treichel	Fitness & Athletic
	Supervisor
Karla Paschon	Front Desk Supervisor

Parks Department

Charles "Butch" Hoblit Building & Grounds Foreman

Lake View Nature Center

Laura SalettaNature Program Coordinator



Mission Statement

The Oakbrook Terrace Park District was established to serve the local community and general public in seeking those recreational and leisure needs that are not only a right but a necessity to the welfare of the general public.

Park District programs and services are designed to establish the opportunity for everyone to enjoy and participate in varied activities. Programs and services are constantly reviewed and assessed for relevance in regards to public needs. The Park District is also dedicated to maintaining the financial balance necessary to establish, maintain and protect future needs for community leisure.

The Park District views all of its facilities and programs as a whole with their maintenance and implementation being done for the greater good for the entire community and general public.

The Park District is dedicated to maintaining the highest quality of

professional staff to serve the general public.

The Park District believes in the ongoing process of providing recreational services for individuals with special needs throughout the Northeast DuPage Special Recreation Association and accessibility for its facilities whenever and wherever possible. Continued input from the public will be constantly encouraged for the purpose of providing relevant and successful programs.

Cooperative Programs

In an effort to provide more programs, the Oakbrook Terrace Park District offers cooperative programs with other districts. In most cases, our residents will only have to travel a few extra miles, but they will have the advantage of additional programs in which to participate. We hope that you will be able to take advantage of these opportunities available to you.

Instructors and Volunteers Wanted

If you have an interest in teaching, or would like to make a donation towards a program, have a program idea, or would like to volunteer, contact us at 630-627-6100.

Personal Property Liability

The Park District cannot be held responsible for the storage or loss of personal property of program participants or visitors. In addition, please do not leave any pets or animals unattended at any of our park facilities.

Keeping Our Parks, Facilities & Programs Safe

The Oakbrook Terrace Park District appreciates and encourages citizen input. Safety in our parks, facilities and programs is of the utmost importance to us. Providing safe parks, facilities and programs for residents and all participants is our goal and further enhances the quality of life in our community. If you feel that there are safety or related issues that need to be addressed, please contact the Oakbrook Terrace Park District at 630-627-6100.

Code of Conduct

To ensure an enjoyable and safe program for all participants, the Oakbrook Terrace Park District has developed a behavior code. Participants shall:

- 1. Behave respectfully to all participants and staff.
- 2. Refrain from using foul language.
- 3. Refrain from causing bodily harm.
- 4. Treat all equipment, supplies, and facilities respectfully.

Additional rules are developed for specific programs, as deemed necessary by the staff. The behavior required of participants as stated in the policy listed above applies to all parents, friends, relatives or others accompanying participants to any Oakbrook Terrace Park District program.

Important Phone Numbers Partnerships & Other Organizations

Bolingbrook Park District	. 630-739-0272
Brandywine	
Clarendon Hills Park District	. 630-323-2626
Darien Park District	. 630-968-6400
Downers Grove Park District	. 630-963-1300
DuPage County Sheriff	. 630-682-7256
Elmhurst Park District	. 630-993-8900
Lisle Park District	. 630-964-3410
NEDSRA	
	. 630-620-4500
NEDSRA	. 630-620-4500 . 630-990-4233
NEDSRA Oak Brook Park District	. 630-620-4500 . 630-990-4233 . 630-941-8320
NEDSRA Oak Brook Park District Oakbrook Terrace Police	. 630-620-4500 . 630-990-4233 . 630-941-8320 . 630-834-2759
NEDSRA Oak Brook Park District Oakbrook Terrace Police Oakbrook Terrace Fire Dept	. 630-620-4500 . 630-990-4233 . 630-941-8320 . 630-834-2759 . 630-941-8300
NEDSRA Oak Brook Park District Oakbrook Terrace Police Oakbrook Terrace Fire Dept City of Oakbrook Terrace	. 630-620-4500 . 630-990-4233 . 630-941-8320 . 630-834-2759 . 630-941-8300 . 630-834-1164

Administration of First Aid

The Oakbrook Terrace Park District provides basic first aid by trained staff to participants when necessary. When administering first aid the Oakbrook Terrace Park District may clean the wound with antiseptic wipes, apply ointments and cover a wound with a bandage. Please notify Oakbrook Terrace Park District staff if you have any allergies to any basic first aid wipes, ointments or other supplies.

Oops!

The Oakbrook Terrace Park District staff has made every effort to prepare this brochure as accurately as possible. However, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Park District reserves the right to make any such adjustments. The Park District apologizes for any inconvenience these errors or adjustments may cause.

SPECIAL EVENTS



Families, grab your picnic blankets and chairs and join us at Heritage Park to watch your favorite movies under the stars. We invite you to bring your own snacks for a picnic with us. There will be concessions available for purchase beginning at 7:30pm. There is no cost to attend this event so be sure to get there early to reserve your spot. Movie will begin at dusk,

Jul 11

Jun 13

approximately 8:30pm.

Meana

Aug 15

NCREDIBLES 2



Touch - A - TRUCK

DIMMER VALUES

BACK-TO-SCHOOL PARK PLAYDATE Thur, Aug 22, 5:30-7:30pm

Join us for our 2nd Annual Back-to-School Park Playdate! This FREE end of the summer event will bring the whole family together before heading back to the books. We will have activities, a bounce house, live music, snacks, and much more! End your summer with the Oakbrook Terrace Park District! No registration required. Location: Heritage Park



Sat, Jun 29, 10:00am-12:00pm

We invite you and your family to explore the different trucks that are all around your community at this FREE event!

Children are welcome to climb, honk, and touch these large machines from right behind the wheel. Get your close-up look at all these trucks! Location: Heritage Park



CREATION STA

Come on out to explore our different parks while doing an art and craft with us! Each month we will be at a different park with a different craft for your child to enjoy. This FREE event is weather permitting.

Day	Date	Time
W/	Jun 5	11:15a
νν Χ/	Jul 3	11:15ai
	Aug 7	11:15ar

Location 5am-12:00pm Heritage Park 5am-12:00pm am-12:00pm





SUMMER CAMP REGISTRATION

All registration is accepted on a first come, first served basis.

A completed registration form and payment are due at the time of registration.



All registration completed by May 1st will receive the early bird price! All registration for the following week must be completed by 4:00pm the Friday prior.

games, arts & crafts, and outdoor play. Children need to bring sunscreen and a drink every day. All campers will receive a camp t-shirt! Campers must be potty-trained. Day: M, W, F Age: 3-5 Time: 9:00am-12:00pm Fee R/NR Program # Date C1001-201 Jun 3-7 \$65 \$65 C1001-202 Jun 10-14 C1001-203 Jun 17-21 \$65 C1001-204 Jun 24-28 \$65 C1001-205 Jul 1-5 \$65 \$65 C1001-206 Jul 8-12 \$65 C1001-207 Jul 15-19 \$65 C1001-208 Jul 22-26 Center for more details. C1001-209 Jul 29-Aug 2 \$65 C1001-210 Aug 5-9 \$65

The camp schedule will include fun weekly themes,

Location: Heritage Center

EARLY BIRD PRICE is \$55 per week until May 1st! Payment plan options available. Come to the Heritage

SUMMER CAMP IS A PLACE FOR YOUR CHILD TO CREATE FOREVER MEMORIES IN AN EXCITING AND NURTURING ENVIRONMENT.

The camp schedule will include fun

weekly themes, games, arts & crafts, swimming, and weekly field trips. Campers will swim on Tuesdays and Thursdays and go on weekly field trips on Wednesdays. Children need to bring sunscreen, lunch and a drink every day. All campers will receive a camp t-shirt! All camps are held at the Heritage Center.

Age: 5-12		Day: M-F
Program #	Date	Fee R/NR
C2001-251	Jun 3-7	\$148
C2001-252	Jun 10-14	\$148
C2001-253	Jun 17-21	\$148
C2001-254		\$148
C2001-255	Jul 1-5*	\$120
C2001-256	Jul 8-12	\$148
C2001-257	Jul 15-19	\$148
C2001-258	Jul 22-26	\$148
C2001-259	Jul 29-Aug 2	\$148
C2001-260	Aug 5-9	\$148
Location: H	eritage Center	

: M-F (*No Camp Jul 4) Time: 8:30am-3:30pm

EARLY BIRD PRICE

is \$138 per week until May 1st! Payment plan options available. Come to the Heritage Center for more details.



ONLY AVAILABLE FOR SUPER STAR SUMMER CAMP

Sunrise Camp

Start the day off right with Sunrise Camp! This is a great option for families who need to begin the day a little earlier.

Age: 5-12	Day: M-F (*/	No Camp	Jul 4)	Time: 6:30-8:30	Dam
Program #	Date	Fee I	Program #	Date	Fee
C2001-261	Jun 3-7	\$30	C2001-266	Jul 8-12	\$30
C2001-262	Jun 10-14	\$30	C2001-267	Jul 15-19	\$30
C2001-263	Jun 17-21	\$30	C2001-268	Jul 22-26	\$30
C2001-264	Jun 24-28	\$30	C2001-269	Jul 29-Aug 2	\$30
C2001-265	Jul 1-5*	\$24	C2001-270	Aug 5-9	\$30
Location: He	eritage Center				

Sunset Camp

Wind down after a fun day at camp with Sunset Camp! This is a great option for families who need to extend the day a little longer. Ane: 5-12 Dav: M-E (*No Camp Jul A) Time: 3'30-6'00pm

Age. 5-12		по сатр.	JUL 4)	Time. 3.30-0.00	рп
Program #	Date	Fee I	Program #	Date	Fee
C2001-271	Jun 3-7	\$40	C2001-276	Jul 8-12	\$40
C2001-272	Jun 10-14	\$40	C2001-277	Jul 15-19	\$40
C2001-273	Jun 17-21	\$40	C2001-278	Jul 22-26	\$40
C2001-274	Jun 24-28	\$40	C2001-279	Jul 29-Aug 2	\$40
C2001-275	Jul 1-5*	\$32	C2001-280	Aug 5-9	\$40
Location: He	eritage Center				

CAMPS



Oakbrook Terrace Park District Fitness Center



Contact

1 Parkview Plaza Oakbrook Terrace, IL 60181 Phone: 630-574-0420 Fax: 630-574-0430

Hours

Fitness Center Hours

Monday-Friday.....6:00am-8:00pm Saturday.....7:00am-1:00pm

Fitness Center Closed

May 27 Jul 4 Sep 2

Come join us!

Become a member of the Fitness Center at the Oakbrook Terrace Park District and be sure to visit our website for updated programming.

Fitness Center offers:

- Cardio and weight room
- Group fitness studio for classes
- Two racquetball courts
- Basketball court and gymnasium
- Walking path outside around our beautiful Terrace View lake
- Full locker room facilities
- 16,600 square foot facility
- Personal trainers work with clients of every fitness level. Contact the front desk today to make an appointment.
- Silver and Fit eligible facility

Membership Options

Enrollment Fee: \$50 Resident Non-resident Individual \$25 \$30 Couple \$45 \$55 Senior/Student \$18 \$23 \$40 Senior Couple \$30 Family (4) \$65 \$75 Daily Fee \$10 \$10



Personal Training

Get the results you want! There are many benefits when you work out with a trainer that is flexible and willing to work around times that are convenient for you. Personal training helps with:

- Motivation
 Obtaining the best results
- Accountability
 Injury prevention

Personal training sessions are not included in a membership and are available for an additional cost by appointment only. Health questionnaires and physician's approval may be necessary before training can begin.

Personal Training Packages

(1 session = 1 hour or two 30-minute training periods)

Individua	al	Group Tra	ining	
Sessions	Fee	Sessions	Group Size	Fee Per Person
1	\$65	5	2-4	\$225
5	\$300	10	2-4	\$250
10	\$475			
1				

Location: Fitness Center

Group Training: Grab Your Workout Partner

Reach your workout goals with a friend! This group based training offers those with similar workout goals to work with one of our personal trainers in a group setting. So grab a workout partner and join this great fitness program! Time and dates may vary based upon availability. Please see the Fitness Center front desk for more information and available dates.

Membership Special 3 for \$83!

The Oakbrook Terrace Park District Fitness Center is offering a 3-month special for \$83!

This includes use of all cardio and weight equipment and open usage of our basketball and racquetball courts. So grab a workout buddy for those summer workouts, and come check out our 3 for \$83 special!

8

Free Active Adult Workout Time

The Park District has established times for resident seniors to workout at the Fitness Center for FREE! Please bring your driver's license or state issued ID as proof of residency to fill out a membership form and be issued a pass for the facility. This complimentary time does not apply to any other program.

Age: 65 and older	
Day Time	
M-F	6:00-10:00am
Sa	7:00-10:00am

Healthy Minds, Healthy Bodies

The Oakbrook Terrace Park District in cooperation with the Northeast DuPage Special Recreation Association (NEDSRA) recognizes the challenges faced by veterans returning stateside with a disability. To meet their wellness needs, the Oakbrook Terrace Park District and NEDSRA combined its resources and expertise with Club Fitness, U.S. Paralympics and the Rehabilitation Institute of Chicago to offer a unique, new program, free of charge, to qualified returning veterans. **Veterans accepted into the Healthy Minds, Healthy Bodies program will receive:**

- Personal training sessions* with a certified trainer experienced in post-rehabilitation exercises
- Full year fitness membership for veteran and for a spouse, partner or friend
- Post rehabilitative exercise materials for home use
- · Healthy minds and healthy bodies
- Invitations to optional social events where you can meet
 other participants
- This program is being offered to a limited number of participants

*Start date and duration of training sessions will be tailored to meet the individual needs of each client.

An initial consultation with NEDSRA is required to help us determine whether this program is right for you.



IT'S TIME TO DOUBLE DOWN! COME GRAB OUR GROUP FITNESS PACKAGE DEAL!



2 Classes for \$75

Get more of the fitness classes you enjoy at a more affordable price when you sign up for two of our select fitness classes at once. This offers applies to those who sign up for any two of the following classes: Hatha Yoga, Hatha/Vinyasa Flow Yoga, Sculpt and Stretch, HIIT, and Lean and Mean Bootcamp.

Group Fitness Weekly Schedule

CARDIO TONING & CONDITIONING MIND & BODY

Day	Date	Time
MONDAY	8:00-8:45am	Kick N' Be Fit
	12:00-12:45pm	Sculpt and Stretch!
	5:15-6:00pm	Zumba
	6:00-7:00pm	Hatha Yoga
TUESDAY	12:00-12:45pm	ніт
WEDNESDAY	8:00-8:45am	Active Adults Sit N' Be Fit
	12:30-1:15pm	Zumba
	5:15-6:00pm	Body Works Level 1
	6:00-7:00pm	Hatha/Vinyasa Flow Yoga
THURSDAY	12:00-12:45pm	Lean and Mean Bootcamp

Fitness Center Rentals

- Basketball Court
- Racquetball Court
- Group Excercise Studio

see **page 30** for details

FITNESS CENTER



Kick N' Be Fit

This class helps build stamina, cardiovascular endurance, and concentration through high and low impact martial arts techniques and kickboxing challenges. This class will increase flexibility core strength, power and balance. Kick 'N Be Fit consists of warm-up, full body workout, cool down, and stretching.

*No class Sep 2

Age: 16 and older

Program # Da	y Date	Time	Fee R/NR	Register by		
F4007-203 M	Jun 10-Jul 15	8:00-8:45am	\$45/\$52	Jun 3		
F4007-204 M	Jul 29-Sep 9*	8:00-8:45am	\$45/\$52	Jul 22		
Location: Fitness Center						

Sculpt and Stretch!

This class will provide an effective and efficient total body workout during your limited lunch hour! his class will provide you with the stretching and sculpting components to your workout to help improve your muscle tone, balance, posture and strength. Take this time during your lunch hour once a week to reboot and restore your body!

*No class Jun 17 or Sep 2

Age: 16 and older							
Program #	Day	v Date	Time	Fee R/NR	Register by		
F4003-205	М	Jun 10-Jul 22*	12:00-12:45pm	\$45/\$52	Jun 3		
F4003-206	М	Jul 29-Sep 9*	12:00-12:45pm	\$45/\$52	Jul 22		
Location: Fitness Center							

Zumba

Come join this highly energizing dance fitness party! Dance away the stress of the day and get fit in a friendly environment. The moves are simple...you don't even need to know how to dance! This class will surely get your heart rate up and put a smile on your face. See you there!

*No class Sep 2

Age: 16 and older

Program #	Day	/ Date	Time	Fee R/NR	Register by	
F4011-205	М	Jun 10-Jul 15	5:15-6:00pm	\$45/\$52	Jun 3	
F4011-206	W	Jun 12-Jul 17	12:30-1:15pm	\$45/\$52	Jun 5	
F4011-207	М	Jul 29-Sep 9*	5:15-6:00pm	\$45/\$52	Jul 22	
F4011-208	W	Jul 31-Sep 4	12:30-1:15pm	\$45/\$52	Jul 24	
Location: Fitness Center						

Hatha Yoga

Yoga has endless benefits, enhancing the body, mind, and spirit connection. In this beginner's class, students will learn a strong foundation of the classical yoga poses. Each pose will be broken down and taught based on proper alignment. This class will teach breathing techniques, increase strength and flexibility, and is a guide for relaxation and stress relief.

*No class Sep 2

Age: 16 and older							
Program # Day Date	e Time	Fee R/NR	Register by				
F4002-205 M Jun	10-Jul 15 6:00-7:	00pm \$45/\$52	Jun 3				
F4002-206 M Jul	29-Sep 9* 6:00-7:	00pm \$45/\$52	Jul 22				
Location: Fitness Center							

NEW! HIIT

This class is a high interval-based full-body strength and cardio training focused on short bursts of intense work. Moderate to high impact exercises focus on aerobic and anaerobic fitness for max results. HIIT is designed to improve your cardio, stretch your muscles, and help your body recover from everyday physical stresses. Come try it out!

*No class Jun 18

Age: 16 and older							
Program #	Day Date	Time	Fee R/NR	Register by			
F4013-205	Tu Jun 11-Jul 23*	12:00-12:45pm	\$45/\$52	Jun 4			
F4013-206	Tu Jul 30-Sep 3	12:00-12:45pm	\$45/\$52	Jul 23			
Location: Fitness Center							

BodyWorks Level 1

A lightweight dumbbell workout moves to the beat of the music. Get lean as you move through a variety of exercises to sculpt into shape. Improve your muscle tone, posture, balance and strength. A total body workout!

 Age: 16 and older
 Time
 Fee R/NR
 Register by

 F4012-204
 W
 Jun 12-Jul 17
 5:15-6:00pm
 \$45/\$52
 Jun 5

 F4012-205
 W
 Jul 31-Sep 4
 5:15-6:00pm
 \$45/\$52
 Jul 24

 Location:
 Fitness Center
 Fitness Center
 Fitness Center
 Fitness Center

Hatha/Vinyasa Flow Yoga

Yoga has endless benefits and will allow you to relax, restore, and energize. This intermediate class will offer breathing techniques, increase strength and flexibility, and will guide you into relaxation. Students will be taught sequences that are done to link breath to movement. You will break a sweat! Age: 16 and up Program # Day Date Time F4017-201 W Jun 12-Jul 17 6:00-7:00pm

F4017-202 W Jul 31-Sep 4

Location: Fitness Center



Time	Fee R/NR	Register by
6:00-7:00pm	\$45/\$52	Jun 5
6:00-7:00pm	\$45/\$52	Jul 24

FITNESS CENTER



Lean and Mean Bootcamp

This is a class geared for all those looking to reach a total body strength workout. This class is for all levels with easy-to-follow workouts aimed to strengthen every major muscle and to build your muscular endurance. We will use a variety of equipment and exercises to achieve these goals.

*No class Jul 4

Age: 16 and	olde	r			
Program #	Day	Date	Time	Fee R/NR	Register by
F4004-205	Th	Jun 13-Jul 25*	12:00-12:45pm	\$45/\$52	Jun 6
F4004-206	Th	Aug 1-Sep 5	12:00-12:45pm	\$45/\$52	Jul 25
Location: Fitness Center					

Active Adults Sit N' Be Fit

This class is made to improve balance, gait, high level of function and improve movements, along with improving cognitive brain fitness. This class consist of proper warm-up, strengthening, cool down and stretching. FYI tips at the end of class. **Age:** 55 and older

J 00 · · ·					
Program #	Day	Date	Time	Fee R/NR	Register by
F4008-203	W	Jun 12-Jul 17	8:00-8:45am	\$45/\$52	Jun 5
F4008-204	W	Jul 31-Sep 4	8:00-8:45am	45/\$52	Jul 24
Location: Fitness Center					





Villa Park - 305 West St. Charles Road 630.530.5000 | 877.908.6555 | inlandbank.com

1 - MEMBESHIP REQUIREMENTS: (A) New Customers - In order to join the Indy Junior Savers program you must open a Young Bankers Account with a minimum deposit of \$25. Young Banker accounts are open to kids from newborn to age 18. Account is an UTMA account which can be opened by a parent or legal guardian as custodian. New customers are eligible to receive a \$25 matching gift deposit, which will be credited to the account within 30 days of account opening. New customers will also receive an Indy Jr. Teddy Bear within 30 days of account opening. Both the matching gift and the Teddy Bear are 1099INT tax reportable. (B) Existing Young Banker Account Holders – Existing Young Banker Account Holders can join the Indy Junior Savers program by contributing an additional \$25 to their account, which qualifies them to receive an Indy Teddy Bear. Existing customers are not eligible for the new customer \$25 matching gift. Customer will receive an Indy Jr. Teddy Bear within 30 days of making the additional \$25 deposit to their existing account. Teddy Bear is 1099INT tax reportable. ALL MEMBERS - One Young Banker account in the Indy Junior Savers Program per child. Additional Young Banker accounts can be opened outside of the Indy Junior Savers Program, but will not receive these bonuses. 2 - Coin Bucket Grab on Birthday must be deposited into the Young Savers Account. 3 - If a deposit of at least \$10 is made into their Young Banker Savings account, customer will be able to pick one item from the Inland Bank Treasure Chest. (One toy per child per day). Program is subject to change without notice.



NATURE PROGRAMS

Lake View Nature Center

17W063 Hodges Road Oakbrook Terrace, IL 60181 630-941-8747

The Lake View Nature Center is dedicated to bringing fun, hands-on environmental education and recreation opportunities to area residents and the general public to promote awareness and appreciation of the natural world.





In-House Programs

The Lake View Nature Center is an excellent place to explore the natural sciences. We offer programs for all ages and grade levels.

Scout Troops Staff-led programs are 90 minutes \$75 for first 10 children (\$6/additional child)



Outreach Programs

Can't make it to our facility? Let us bring our programs to you! We offer presentations, event stations and more.

Outreach Programs

Please see our website **obtpd.org** for more information.



School and Community Group Themes

Our programs are perfect for preschools, homeschool groups, camps and elementary school groups. Programs include discussions, hikes, stories and /or craft activities and can be tailored to meet curriculum needs.

- Bird is the Word
- Hands on Herpetology
- Native American Lore
- Animal Tracks
- Seasonal programs and more

Cub Scout and Girl Scout Themes

Need to earn a badge or complete a journey? Let us help you! We have programs that meet a variety of requirements.

Girl Scout programs include:

- Daisy: Recycling (Green Petal), Caring for Creatures
 (3 Cheers for Animals Journey) and more!
- Brownie: Bugs Badge, Hiker Badge and more!
- Junior: Flowers Badge, Camper Badge and more!

Cub Scout programs include:

- Tiger Cub: Tigers in the Wild and Backyard Jungle
- Wolf: Paws on the Path and Call of the Wild
- Bear: Fishing, Camping Skills and more!
- Webelos: Poisonous Plants and Animals, Into the Wild and more!

To request a group booking, please visit www.obtpd.org and click the appropriate request form button for your group.

Nature Tots

Toddlers with an adult will explore the wonders of nature through "loose parts" play. In this way, your little one can learn the joys of a natural play-scape that they create themselves, while learning teamwork and sharing skills. We provide materials, your child provides imagination! We will play outside each class, so please dress for the weather.

Age: 18 months-3 with adult

Age: 4-6

Program #	Day	Date	Time	Fee	Register by
N1001-201	F	Jun 7	9:30-10:30am	\$10	May 31
N1001-202	F	Jun 21	9:30-10:30am	\$10	Jun 14
N1001-203	F	Aug 2	9:30-10:30am	\$10	Jul 26
N1001-204	F	Aug 16	9:30-10:30am	\$10	Aug 9
Location: Lake View Nature Center					

Out the Door, Let's Explore!

Let's go outside! Nature will be the teacher and the outdoors will be the classroom as your child learns about different themes each class, including bugs, trees, birds, and weather! Drop your child off in appropriate clothing and shoes, as we plan to spend much of the class outside (weather permitting).

ge: 4 ⊖					
Program #	Day	Date	Time	Fee	Register by
N1017-201	F	Jun 7	12:30–2:30pm	\$19	May 31
N1017-202	F	Jun 21	12:30-2:30pm	\$19	Jun 14
N1017-203	F	Aug 2	12:30-2:30pm	\$19	Jul 26
N1017-204	F	Aug 16	12:30-2:30pm	\$19	Aug 9
Location: Lake View Nature Center					

Parents Night Out Kids Fun Night!

Drop your kids off and enjoy a fun evening out – child free. Children will enjoy nature activities and games, meet animals, go on a hike, and have a pizza party. Craft time and story time will round out the night. You will pick them up ready for a good night's sleep. Much of the fun will be spent outside, so please dress your child for the weather.

Age. 4-12					
Program #	Day	Date	Time	Fee	Register by
N2037-201	Sa	Jun 22	5:30-8:30pm	\$25	Jun 15
N2037-202	Sa	Jul 27	5:30-8:30pm	\$25	Jul 20
Location: Lako Viow Naturo Contor					

Location: Lake View Nature Center

Family Fishing Fun!

Ever wanted to take your family fishing but didn't know where to start? Let our expert fisherman teach you and your family the basics of fishing. We'll learn about fishing rules and safety, how to bait and cast a pole, and go fishing in our stocked lake! Every registered child must be accompanied by an adult. **Age:** 5-12 with adult

Program #	Day	Date	Time	Fee	Register by			
N2023-201	Sa	Aug 17	11:00am-12:30pm	\$18	Aug 10			
Location: Lake View Nature Center								

NATURE PROGRAMS

Gardening Workshops

NEW! My First Garden

Do you want your little one to have a green thumb? Join us for this basic workshop and start a green bean plant from seed to take care of at home. Get tips on how to engage your child in the cultivation of their first plant to start a love of gardening for life.

Age: 18 months-3 with adult

Program #	Day	Date	Time	Fee	Register by		
N1021-201	Th	Jun 13	9:30-10:30am	\$10	Jun 6		
Location: Lake View Nature Center							

Tiny Terrariums

Indoor gardening is a fun hobby to learn at any age. In this workshop, children will build a small tropical terrarium in a jar that they can admire and care for all year long. We will provide all the supplies needed for a new creation. **Age:** 4-6

Program #	Day	Date	Time	Fee	Register by
N2041-201	Tu	Jun 18	9:30-10:30am	\$15	Jun 11
Location: La	ake Vie	w Nature C	enter		

Imagination Gardens

Create your own miniature world in a dish! All you need are hearty plants and tiny decorations. Our gardening enthusiast will show children how to build and take care of their own garden they will make to take home. All supplies will be provided. **Age:** 6-10

Program #	Day	Date	Time	Fee	Register by		
N2040-201	W	Jun 19	9:30-11:00am	\$18	Jun 12		
Location: Lake View Nature Center							

NEW! Plants Eat Bugs!

Insects, watch your step around plants that bite back! Learn about the unique adaptations of carnivorous plants and create a small terrarium to care for at home, complete with your very own predator plant.

Age: 8-12

Program #	Day	Date	Time	Fee	Register by		
N2045-201	Sa	Jul 13	10:00-11:30am	\$22	Jul 6		
Location: Lake View Nature Center							

Air Plants and Orchids

Many plants prefer not to get dirty. Learn how orchids and bromeliads thrive on air, without mess. Bring home a beautiful creation that you will be happy to display in your home. **Age:** 13 and older

Program #	Day	Date	Time	Fee	Register by		
N4013-201	Sa	Jul 20	10:00-11:30am	\$29	Jul 13		
Location: Lake View Nature Center							

Summer Mini Camps

NEW: Lil' Buggers Mini Camp

Children will learn about our many legged friends that creep and crawl with live animal investigations, crafts, and stories. Campers will spend time outside to see if they can find any creepy crawlies in the wild too. Bring your child dressed for outdoor explorations.



Аус. 4-/								
Program #	Day	Date	Time	Fee	Register by			
N1019-201	Th-Fr	Jun 27-28	9:00-11:00am	\$39	Jun 20			
N1019-202	Th-Fr	Jul 25-26	9:00-11:00am	\$39	Jul 18			
Location: Lake View Nature Center								

Stick with Nature Mini Camp

Did you know that the average stick (like the ones you find outside) is in the Toy Hall of Fame and considered to be the world's oldest toy? In this camp, children will use their imagination as they transform sticks into magic wands, play villages, and works of art. **Age:** 4-7

Program #	Day	Date	Time	Fee	Register by			
N1018-201	M-Tu	Jul 8-9	9:00-11:00am	\$39	Jul 1			
N1018-202	M-Tu	Jul 15-16	9:00-11:00am	\$39	Jul 8			
Location: Lake View Nature Center								

Nature Safari Mini Camp

Take a trip to the wild terrain of Terrace View Park and spot exciting native wildlife. Your child will learn about local creatures and explore our urban jungle through hands-on activities, stories, and crafts. Campers will also learn some fun exploration skills.



by

лус. 4-/					
Program #	t Day	Date	Time	Fee	Register
N1020-203	1 M-Tu	Jul 29-30	9:00-11:00am	\$39	Jul 22
Location:	Lake Vie	w Nature Ce	enter		

Survivor Mini Camp

If your child has the spirit of adventure, then this mini camp is for them! Campers will learn fun skills like shelter building, wayfinding, and starting a campfire. Children will finish camp with the knowledge of how to be a safe outdoorsman. We will be outside rain or shine, so have children dressed and ready.

Age:	7-10
D	

Program #	Day	Date	Time	Fee	Register by		
N2024-201	M-W	Jun 24-26	9:00am-12:00pm	\$85	Jun 17		
N2024-202	M-W	Jul 29-31	1:00-4:00pm	\$85	Jul 22		
Location: Lake View Nature Center							

Fishing Mini Camp

Our pond is stocked with fish, and we want to show your child how to catch them. Kids receive instruction on baiting a hook, tying knots, casting a line, and handling fish for a safe return to the water. Kids will also learn about all sorts of swimming creatures at this fun-filled camp. For safety reasons, campers should come dressed in gym shoes (no Crocs or sandals). **Age:** 7-10

 Program #
 Day
 Date
 Time
 Fee
 Register by

 N2014-202
 W-F
 Jul 10-12
 9:00am-12:00pm
 \$85
 Jul 3

 N2014-202
 W-F
 Jul 17-19
 1:00-4:00pm
 \$85
 Jul 10

 Location:
 Lake View Nature Center
 Sector
 Sector
 Sector
 Sector

Pond Investigation Mini Camp

We have a pond right outside our front door, and its teeming with plant and animal life. Children will discover our aquatic neighbors through close investigation, journaling, and drawing. We will get wet and muddy, so please dress your camper accordingly. No flip flops please.

Age: 7-10					
Program #	Day	Date	Time	Fee	Register by
N2012-201	W-F	Jul 17-19	9:00am-12:00pm	\$85	Jul 10
Location:	ake Vie	ew Nature (Center		

Flower Power Mini Camp

Does your child have a green thumb? In this camp, children will learn how to start, and care for fun theme beds like butterfly flowers, pizza gardens, and gnome villages. Campers will learn about seeds and plants, and even take home their own starter seedlings. Please dress your child in clothing that they can get dirty. **Age:** 7-12

Program #	Day	Date	Time	Fee	Register by	
N2038-201	M-W	Jul 22-24	9:00am-12:00pm	\$85	Jul 15	
Location: Lake View Nature Center						

Open House Hours Lake View Nature Center Do you want to meet the Nature Center's awesome animals? Would you like to learn more about the programs and events at the Nature Center? Come to our open houses and see what we're all about, as we offer fun nature-themed activities all day. No registration needed, and all ages are welcome. Dav Date Time F Jun 14 2:00-6:00pm S Jul 6 11:00am-3:00pm F Aug 9 2:00-6:00pm Location: Lake View Nature Center

NATURE PROGRAMS

Looking for an entertaining and educational birthday celebration?

The Nature Center provides a unique and safe environment for kids to explore, create and celebrate! Our staff will engage your guests with a fun themed experience.

Birthday parties are two hours long. Parents provide refreshments, paper goods, and treat bags.

Nature Party Themes

ReptileMania!

Interact with our live turtles and snakes. Learn about reptile habitats and behaviors and take home a reptile themed craft.

Flappy Bird Day!

Learn about different types of birds (including our adorable Nature Center resident quails), go on a birdwatching hike, dissect an owl pellet and make your own birdfeeder.

Animal Superheroes

Have fun interacting with a bunch of the Nature Center animal residents, while learning about their superpowers. Create your own superhero persona and make a superhero cape or mask to take home.

The Three Bears

Learn about the three types of North American bears through stories and natural artifacts. Make a bear claw necklace to take home.

Fishing Fun (ages 7 & up)

Learn to bait a hook, cast, and fish safely in our stocked lake. bear claw necklace to take home. *Available April through October.*

Age: 3 and older

Fee R/NR: \$125/\$150 for up to 15 children (we offer add-ons such as extra time or a campfire for a fee)

For additional information or to request a birthday party, please visit www.obtpd.org. *Programs are adjusted based on the age of the participants.*

LITTLE SPROUTS EARLY LEARNING



REGISTER TODAY! 2019 - 2020

Early Learning is fun at the Oakbrook Terrace Park District! All of our Early Learning opportunities are recreation based and provide a safe and stimulating environment for your child. Activities are developmentally appropriate and foster and encourage selfconfidence, independence, and individual growth. Your child is exposed to counting, number and letter recognition, name recognition, early literacy, science and dramatic play that helps prepare them for Kindergarten.

- All participants must be toilet trained; no pull ups.
- At the time of registration parents/guardians receive a packet of information outlining the school calendar, program specifics and all required forms.
- All paperwork must be turned in prior to starting preschool.
- Parents of all registered preschool participants will be required to come to an information night to review the preschool manual which covers procedures and polices.

Registration

To register for the 2019-2020 school year, the following is required:

- \$75 non-refundable registration fee
- Completed Registration Form
- Birth Certificate
- · Signed Fee & Payment Agreement

3-4 Year-Old Preschool

Must be 3-years old by Sep 1, 2019

Program #	Days	Dates	Time			
P1003-406	M, W, F	Begins Sep 9	9:00-11:30am			
P1003-407	M, W, F	Begins Sep 9	1:00-3:30pm			
Location: Heritage Center						

Payment Options:

Plan A	Plan B		Plan C	
\$1380 paid in full	Sep 1, 2019	\$350	Sep 1, 2019	\$235
by Sep 3, 2019	Oct 1, 2019	\$350	Oct 1, 2019	\$235
	Nov 1, 2019	\$350	Nov 1, 2019	\$235
	Dec 1, 2019	\$350	Jan 1, 2020	\$235
			Feb 1, 2020	\$235
			Mar 1, 2020	\$235



Payment

At the time of registration, a non-refundable registration fee of \$75 is made. Payment for the school year may be made in full or choose between two payment plans charged to a Visa, MasterCard, Discover or American Express Card. This is a 9-month program and by registering for the program you are committing to the full year payment. There is no proration for missed days. For more information on payments please review our Fee and Payment Agreement.

Refunds

A full refund is granted if the Park District should cancel the program for any reason. No refunds are made available after September 9, 2019 unless a written doctor's excuse is presented or the child has a special need that cannot be met by the preschool curriculum and is placed in a program in their school district, or if the child has uncontrollable, undesired behaviors/ physical aggression toward self or others, or if the Park District has determined that the program is not meeting the growth and development of the child. In these situations, a partial refund minus the deposit, office fees, and attended days would be deducted and a refund would be granted by the Park District.

Preschool Drop-In Open House



3 year old and 4 year old future preschoolers and their families are invited to find out what Little Sprouts Early Learning is all about! Come visit the classrooms, meet our teachers, and ask any questions you may have. This is a great night for families to see if Little Sprouts is the right program for them. It is not too late to register and get your child started taking small steps towards their big futures.

Day	Date	Time				
W	Aug 21	6:00-7:00pm				
Location: Heritage Center						

EARLY CHILDHOOD PROGRAMS



Learning & GROWING

2's and 3's Just for Me

2's and 3's is an introduction to preschool. An introduction to colors, shapes, numbers, letters and the classroom routine is taught. Your child learns through crafts, songs, story time and free exploration. This transitional class teaches how to play with others, and follow directions as well as develop independence and confidence necessary to be successful in preschool. If your child is 2 or 3 but has missed the September 1st cutoff, this is the perfect class for you. A properly labeled healthy snack and drink should be provided daily. The teachers are not expected to do diaper changes; if your child needs a diaper change, the parent/guardian is contacted.

Age: 2-3

Program #	Day	Date	Time	Fee R/NR	Register by	
P1001-201	Tu, Th	Jun 4-Jul 2	9:30-11:30am	\$113/\$136	May 28	
P1001-202	Tu, Th	Jul 9-Aug 8	9:30-11:30am	\$125/\$150	Jul 2	
Location: Heritage Center						



Kid Rock I & II

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today!

*No class Jul 4

Kid Rock I

Age: 2 with	adult					
Program #	Day	Date	Time	Fee R/NR	Register by	
R1025-201	Th	Jun 13-Aug 8*	6:00-6:40pm	\$67/\$80	Jun 6	
Kid Rock	II					
Age: 3-5						
Program #	Day	Date	Time	Fee R/NR	Register by	
R1025-202	Th	Jun 13-Aug 8*	6:45-7:25pm	\$67/\$80	Jun 6	
Location: Darien Park District, 7301 Fairview Ave.						



Register and Register Free MONDAYS * 11:30AM-12:00PM Join staff from the Villa Park Public Library for a story time on the road! Each week will feature stories, music, and movement. Age: 3-5 MAY 13 * JUN 10 * JUL 8 * AUG 12

NEW! Young Rembrandts Beginning Techniques

Expand your beginning artist's image vocabulary as they learn valuable motor skills and drawing techniques. A variety of media will be used to help build art and drawing concepts, all while having fun. Completed drawings will include animals, monsters, whimsical characters, and scenes. We combine basic ideas with exciting drawings! All supplies included.

Age: 4-6

Program #	Day	Date	Time	Fee R/NR	Register by	
R1034-201	Tu-W	Jun 18-19	3:00-4:00pm	\$25/\$30	Jun 11	
R1034-202	W-Th	Aug 7-8	3:00-4:00pm	\$25/\$30	Jul 31	
Location: Jun 18-19 Heritage Center						

Aug 7-8 Clarendon Hills Park District, 315 Chicago Ave.

YOUTH PROGRAMS

Bedtime Buddies

Create a soft, large cuddly buddy to sleep with each night. A parent or another adult needs to be present to assist in stuffing our adorable bears, make bedtime wishes, create birth certificates and design a unique bedtime t-shirt. Your child will absolutely love his/ her new bedtime buddy.

Age: 4-12

Program #	Day	Date	Time
Doore ood	Th	lun aa	5:00

Fee R/NR \$32/\$38 Register by Jun 13

R2055-201 Th Jun 20 5:00-6:00pm \$32/\$38 Location: Clarendon Hills Park District, 315 Chicago Ave.



Safe at Home*

Children will learn the importance of behaving responsibly and how to handle themselves when confronted with a challenge. Topics covered include safety in the home, proper use of keys, what to do in case of an emergency, how to respond to strangers, and general house rules. Disclaimer: This course does NOT endorse children being home alone; that responsibility lies with the parents. This course simply prepares children to be safe and careful when parents are not immediately available. **Age:** 5-9

Program #	Day	Date	Time	Fee R/NR	Register by
R2032-201	Sa	Jun 15	10:00-11:30am	\$31/\$39	Jun 8
Location: Westmont Park District, 75 E. Richmond St.					

First Aid for Kids*

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons and much more! Many hands-on activities will be provided for additional reinforcement. Upon completion of class, a Red Cross certificate will be received.

Ag	e:	5-	C
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Program #	Day	Date	Time	Fee R/NR	Register by
R2033-201	Sa	Jun 15	12:00-1:30pm	\$31/\$39	Jun 8
Location: Westmont Park District, 75 E. Richmond St.					

Please send a lunch if your child is signed up for both the Safe at Home AND First Aid for Kids classes.

Register for both classes and get a discounted rate of \$45 R/\$54 NR.

bricks 4 kidz

LEGO® City

Engineering & Architects Camp

Explore the structures and landscapes of a city! Work in teams to design and build the city of their dreams using LEGO® bricks. The architects may plan a road, propose a monument, design a park or school, or imagine a skyscraper. Builders will put on their "safety hats" and assemble motorized models of construction vehicles and equipment. Using proprietary kits and model plans, construct one-of-a-kind LEGO® City models using LEGO® bricks! The specialized model plans incorporate beams, gears, axels, motors, battery packs and other technic LEGO® city planner. Learn what it takes to become a LEGO® City planner.

Program #	Day	Date	Time	Fee R/NR	Register by
R2103-201	M-F	Jun 10-14	9:00am-12:00pm	\$169/\$203	Jun 3
Location: Westmont Park District, 75 E. Richmond St.					

Summer Spa Retreat

Hey girls! Take a trip to the spa! Our staff will lead fun stations like avocado masks to start and each girl will make her own cute beaded anklet for the summer wardrobe. We will teach "how to do your own" manis and pedis with scrubs, lotions, buffing and great polish colors to choose! Each girl gets a spa goodie bag to take home as well as a foot/nail brush. Sign up with friends! **Age:** 5-11

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Program #	Day	Date	Time	Fee R/NR	Register by
R2104-201	Fri	Jun 21	6:00-7:30pm	\$31/\$37	Jun 14
Location: Clarendon Hills Park District, 315 Chicago Ave.					

The Thrills and Chills of Ice Cream Science and History

Making and eating ice cream is a fun way to introduce early physics and chemistry teachings to children. Become an expert on this beloved treat as we make a batch of homemade ice cream. Explore the science of the amusement park treat, Dippin' Dots, and both chemical and industrial engineering concepts along with how this treat evolved. Dress to get messy! Lots of tastings and a themed souvenir included.

Aye. 5-12	_	_			
Program #	Day	Date	Time	Fee R/NR	Register by
R2079-201	М	Jun 17	4:30-6:00pm	\$39/\$46	Jun 10
Location: Westmont Park District, 75 E. Richmond St.					



Tinkergarten provides high-quality early childhood learning in the healthiest classroom of all—the outdoors.

Families connect with trained leaders in their local community for playbased kids classes that help develop core life skills, all while having fun! Join the movement of thousands of families learning outside together...Come to Tinkergarten! To learn more and to register for classes, visit tinkergarten.com.

YOUTH PROGRAMS

It's Magic

Amaze family and friends with tricks that involve cards, ropes, coins, mind-reading, and more. All materials are provided, and each child receives a magic kit to take home. Brand new tricks are taught each session.

Age: 5-12

Program #	Day	Date	Time	Fee R/NR	Register by
R2006-201	М	Jul 8	6:45-7:40pm	\$20/\$25	Jul 1
Location: Clarendon Hills Park District, 315 Chicago Ave.					



Drop your kids off and enjoy a fun evening out – child free.

Parents need a night out? Drop you kids off at the Oakbrook Terrace Park District for their own night out. We will be watching movies, eating pizza., playing games, and making memories. Kids can bring their own snacks as well.

Age: 5-12

Program #DayDateTimeR2072-201FJul 266:00-9:00pmLocation: Heritage Center

Fee R/NRRegister byom\$25/\$30Jul 19

NEW! Wheel Ceramics Camp for Kids

Does your child want to create pottery on a wheel or learn how to make more advanced ceramic projects? This class introduces them to the artistry of hand thrown pottery. Children will focus on using the wheel but will have the opportunity to make hand-built projects too. All materials are included, along with glazing and firing.

*No class Jul 2 or 4

Age: 6-12

Program #	Day	Date	Time	Fee R/NR	Register by
R2105-201	Tu	Jun 11-Jul 23*	3:00-5:00pm	\$221/\$265	Jun 4
R2105-202	Th	Jun 13-Jul 25*	3:00-5:00pm	\$221/\$265	Jun 6
Location: Oak Brook Park District, 1450 Forest Gate Rd.					

NEW Young Rembrandts Summer Workshop

Explore the basics of visual arts in a fun and nurturing setting that ensures success for every child by combining basic drawing, portraiture and cartooning skills. Different drawings will be done each day. Students gain so much confidence in art method and technique, it will awaken the inner artist!

Age: 7-12						
Program #	Day	Date	Time	Fee R/NR	Register by	
R2102-201	Tu-W	Jun 18-19	4:00-6:00pm	\$62/\$74	Jun 11	
R2102-202	W-Th	Aug 7-8	4:00-6:00pm	\$62/\$74	Jul 31	
Location: Jun 18-19 Heritage Center						

Aug 7-8 Clarendon Hills Park District, 315 Chicago Ave.



NEW! Create and Animate with Scratch 2.0

Scratch is an innovative programming language created just for kids by MIT. Create and edit sprites and game opponents while learning about sound and video as you "level up" through the building of your own game. We will work in teams and each will receive a copy of the software and their game at the end of class. **Age:** 7-10

Program #DayDateTimeFee R/NRRegister byR2100-201M-ThJul 8-119:30-11:30am\$106/\$116Jul 1Location:Darien Park District, 7301 Fairview Ave.

₩₩ Moviemaking 101 – Making Your Own Toy Story™ Movie

Using your own imagination, creativity, special digital movie making cameras, and software, you will create your very own Toy Story™ movie! Use graphic editing techniques and stop motion animation, add music and your own voices to make your movie unique. Show your movie at a private screening on the last day of class. After the class is complete, each participant will be able to bring home their movie on their flash drive. **Age:** 8-11

Program #DayDateTimeFee R/NRRegister byR2101-201M-ThJul 8-111:00-3:00pm\$106/\$116Jul 1Location:Darien Park District, 7301Fairview Ave.

NEWP Minecraft: Desert Island Survival

Discover, create and learn as you access this proprietary Minecraft MOD. You and your friends get to work in multi-player mode as you mine, craft and build together to survive. Working with a partner, use your skills to explore all the secrets the world has to offer, including a mysterious castle filled with challenges. Age: 8-12

Program #	Day	Date	Time	Fee R/NR	Register by
R2082-201	M-Th	Jul 22-25	1:00-3:00pm	\$106/\$116	Jul 15
Location: Prospect Elementary School,					
130 N. Prospect Ave., Clarendon Hills					

ATHLETIC PROGRAMS

Parent/Tot Gymnastics

Our classes are unique because we teach gymnastics in a fun and innovative manner. Our lesson plans help to develop coordination, balance, motor skills, body awareness, and self-confidence. Our goal is a fun, nurturing environment where little ones can develop sound positive feelings about themselves and learning. Join the fun this summer!



Age: 1-2 with adult

Program # Day Date

R1013-201 Tu Jun 4-Jul 9

Time

Fee R/NR Register by 3:15-3:50pm \$52/\$67 May 28 R1013-202 Tu Jul 16-Aug 20 3:15-3:50pm \$52/\$67 Jul 9 Location: Westmont Park District, 75 E. Richmond St.

Preschool Gymnastics

Our classes are unique because we teach gymnastics in a fun and innovative manner. Our lesson plans help to develop coordination, balance, motor skills, body awareness, and selfconfidence. Our goal is a fun, nurturing environment where little ones can develop sound positive feelings about themselves and learning. Join the fun this summer!

Age: 3-5

Program #	Day	Date	Time	Fee R/NR	Register by	
R1014-201	Tu	Jun 4-Jul 9	3:55-4:30pm	\$52/\$67	May 28	
R1014-202	Tu	Jul 16-Aug 20	3:55-4:30pm	\$52/\$67	Jul 9	
Location: Westmont Park District, 75 E. Richmond St.						

Youth Gymnastics

Our focus is not only to teach your child gymnastics in a fun, safe, positive class but to encourage them to be more physically fit in today's society. This program helps to improve a child's strength, flexibility, balance, and coordination. Join the class and help keep your child off the couch and active! Ano: 6 12

Program # Day	Date	Time	Fee R/NR	Register by	
R2025-201 Tu	Jun 4-Jul 9	4:35-5:20pm	\$52/\$67	May 28	
R2025-202 Tu	Jul 16-Aug 20	4:35-5:20pm	\$52/\$67	Jul 9	
Location: Westmont Park District, 75 E. Richmond St.					

Kickball Saturday

Age: 6-10

Who wants to play kickball?! Stop by our Terrace View Park baseball field to take part in a fun game of kickball. Teams will be made by our on-site supervisor and umpire. At this game, we will make sure everyone gets a chance to play and have fun.

Program # Day	Date	Time Fee	Register by		
A4004-201 Sa	Jun 22	10:00-11:30am \$10	Jun 15		
A4004-202 Sa	Jul 27	10:00-11:30am \$10	Jul 20		
Location: Terrace View Park					

SPORTS R US

We put the "U" in Fun!

Pee Wee Sports

Introduce your child to the world of sports with this class. We play a different sport each week, including basketball, soccer, floor hockey, t-ball, and more, all while using only scaled down equipment. We go over the basic skills and rules of each sport and play fun games at the end of each class. The class will be held outside but will move into the gym in case of inclement weather. Please bring a water bottle.

*No class Jul 2

Age: 3-5 Program #

Day Date A4006-203 Tu Jun 4-Jul 9* A4006-204 Tu Jul 23-Aug 20 Location: Terrace View Park

Time Fee R/NR 10:00-10:50am \$60/\$65 10:00-10:50am \$60/\$65

Register by May 28 Jul 16

Soccer & T-Ball Combo

Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. For the first three weeks of class, we will focus on soccer, and the second three weeks we will work on t-ball skills. The last class will be a fun game of each sport. A fun game will be played at the end of each class. Parent participation welcomed. The camp will be held outside but will move into the gym in case of inclement weather. Please bring a water bottle.

*No class Jul 5 م. ۲۰۰

Age. 3-5					
Program #	Day	Date	Time	Fee R/NR	Register by
A4007-202	F	Jun 7-Jul 12*	5:30-6:20pm	\$60/\$65	May 31
Location: Terrace View Park					

Basketball Camp

Boys and girls alike will enjoy learning the skills to advance them in the world of basketball. Even if you are trying it out for the first time or you are a seasoned pro, you will have a ton of fun enhancing your skill level. Through games and drills, we will practice dribbling, passing, shooting, positions and the importance of teamwork. Games will be played at the end of each class. Please bring a water bottle. *No class Jul 5

no class sul j	
Age: 5-7	
Drogram # Day	

Program #	Day	Date	Time	Fee R/NR	Register by	
A4020-201	F	Jun 7-Jul 12*	5:00-6:00pm	\$60/\$65	May 31	
A4020-202	F	Jul 26-Aug 23	5:00-6:00pm	\$60/\$65	Jul 19	
Location: Fit	ness	Center				
			A			
		11				
	N	TT				
	2	11				
	-	-				





Youth Soccer Camp

This soccer camp is perfect for anyone whether they are new to the sport or have been playing for years. This camp includes professional soccer training covering technical and tactical training. It emphasizes motivation, confidence, and leadership. A free t-shirt will be provided, but participants must bring their own ball, shin guards, and water bottle.

*Sign up two family members and receive \$10 off the total price. *Sign up three family members and receive \$40 off the total price. **Age:** 4-12

Program #	Day	Date	Time	Fee	Register by
A4003-201	M-F	Jun 24-28	9:00am-12:00pm	\$139	Jun 17
Location: Terrace View Park					

Youth Tennis Camp

The Oakbrook Terrace Park District is happy to offer a new Youth Tennis Camp! Join us at the tennis courts of Heritage Park where your child can learn all the basics to tennis. Participants will go over rules and skills and play many different types of games. **Ane:** 7-10

Program #	Day	Date	Time	Fee R/NR	Register by
A4002-201	M-Th	Jul 15-18	7:30-8:30am	\$30/\$35	Jul 8
A4002-202	M-Th	Jul 15-18	5:00-6:00pm	\$30/\$35	Jul 8
Location: H	eritage	e Park			

Karate

Welcome to Tang Soo Do where future Black Belt leaders are born. Black Belt Instructors, Mr. Brian Ciardullo and Mr. Jacques Abramski of Eagle Academy of Martial Arts, employ their combined 40 years experience to create a safe, fun, and enriching experience for students of all ages. Participants will learn to complete dynamic punches and kicks of the Korean art of Tang Soo Do, along with the practical self-defense applications of Hapkido. Classes are eight weeks long and are designed to instill confidence, promote self-discipline and improve physical fitness of students at any ability level. Uniforms and belts ranking are optional.

Age: 4-15							
Program #	Day	Date	Time	Fee R/NR	Register by		
A2012-208	Tu	Jun 4-Jul 23	6:00-7:00pm	\$52/\$60	May 28		
A2012-209	Tu	Jul 30-Sep 17	6:00-7:00pm	\$52/\$60	Jul 23		
Age: 16 and older							
Age. 10 and	luci						
Program #		Date	Time	Fee R/NR	Register by		
	Day	Date Jun 4-Jul 23	Time 7:00-8:00pm	Fee R/NR \$52/\$60	Register by May 28		
Program #	Day Tu						
Program # A4012-201	Day Tu Tu	Jun 4-Jul 23 Jul 30-Sep 17	7:00-8:00pm	\$52/\$60	May 28		

Adult Athletic Leagues

Adult Summer 16" Softball

It is time for another season of summer softball! The Oakbrook Terrace Park District is offering leagues for co-ed and men. All games are played with 16" softballs. All leagues will begin with an 8-game regular season followed by a single elimination playoff schedule. Champions of the tournament will receive a prize. All co-ed teams must field four women at all time during games. Space is limited, so sign up today! There will be a mandatory captain's meeting the week before leagues start. A penalty will be issued to teams who do not have a representative at that meeting. **Age:** 18 and older

Fee: \$450 per teamEarly Bird Fee: \$410 per team if registered by April 10Program #LeagueDayStart DateTimeRegister byA4015-206Mens LeagueTuJun 115:30-10:30pmMay 24A4015-207Co-Ed LeagueWJun 125:30-10:30pmMay 24Location: Terrace View Park

Co-Ed Sand Volleyball

It is the return of our Co-Ed Sand Volleyball League! Join us at our newly renovated Heritage Park. All games will be played at the Heritage Park sand volleyball courts. Games are self-officiated, but a supervisor will be on-site with rules and to record scores. Each team must consist of at least six players. Two members of the opposite gender must be on the court at all times. All leagues will begin with an 8-game regular season followed by single elimination playoffs.

⁺No	league	play	on	Jul 4
		p,	• • • •	

Age: 18 and older						
Fee: \$325 per team						
Program #	Day	Start Date	Time	Register by		
A4032-203	М	Jun 10	6:00-8:30pm	May 24		
A4032-204	Tu	Jun 11	6:00-8:30pm	May 24		
F4032-205	W	Jun 12	6:00-8:30pm	May 24		
F4032-206	Th	Jun 13*	6:00-8:30pm	May 24		
Location: He	eritage	e Park				

Introduction to Fencing

Experience excellent mental and physical training, and take the opportunity to improve coordination, dexterity, confidence, and focus by introducing them to the royal art of fencing using basic foils. Skilled instructors will emphasize safety, correct fencing procedures, and etiquette. Participants will also learn footwork, rules, stances, parries and thrusts. All equipment is provided.

Once registered, attendance at the first two classes is required to remain enrolled.

Age: 9-15					
Program #	Day	Date	Time	Fee R/NR	Register by
A4021-201	Tu	Jun 4-Aug 20	6:30-7:30pm	\$75/\$98	May 28
Age: 16 and	d older				
Program #	Day	Date	Time	Fee R/NR	Register by
Program # A4022-201		Date Jun 4-Aug 20	Time 6:30-7:30pm	Fee R/NR \$75/\$98	Register by May 28

ATHLETIC PROGRAMS



Junior Development Classes

Whether you are picking up a club for the first time or looking to reduce your handicap to single digits, make a great investment and take a lesson from our professionals. Each class will have a six to one ratio of students to instructor.

Age: 5-14	Time: 11:00	e: 11:00am-12:00pm		
Program #:	Day	Date		
A2031-201	Sa	Jun 1-22		
A2031-202	Su	Jun 2-23		
A2031-203	Sa	Jul 6-27		
A2031-204	Su	Jul 7-28		
A2031-205	Sa	Aug 3-24		
A2031-206	Su	Aug 4-25		
Location: Fre	esh Meadov	V		





Junior League

Junior League is a \$59 membership fee which goes entirely to prizes throughout the season and the Junior League Championship. Members get discounted green fees every Thursday at 1:30pm starting in June.

Age: 7-17	Time: 1:30-4:00pm		Fee: \$5
Program #:	Day	Date	
A2033-201	Th	Jun 6-27	
A2033-202	Th	Jul 4-25	
A2033-203	Th	Aug 1-15	
Location: Fre	esh Meado [,]	W	

ee: \$59 initial membership

Nike Golf Camp

At Nike Junior Golf Camp, we accommodate all skill levels: the junior player just discovering the game, the high school player trying to move up on the team, and the tournament level junior looking to improve his or her tournament results. Upon arrival, all participants are evaluated by the staff so that their own instructional needs can be addressed throughout the week. The staff is on hand to provide campers with top quality instruction each day.

*No Camp Jul 4th

Age: 7-17 Time: 9:00am-4:00pm (Full day)/9:00am-12:00pm (Half day) Fee: \$559 (Full day)/\$355 (Half day)

Program #:	Day	Date
A2034-201	M-F	Jun 3-7
A2034-202	M-F	Jun 10-14
A2034-203	M-F	Jun 17-21
A2034-204	M-F	Jun 24-28
A2034-205	M-F	Jul 1-5*
A2034-206	M-F	Jul 8- 12
A2034-207	M-F	Jul 15-19
A2034-208	M-F	Jul 22-26
A2034-209	M-F	Jul 29-Aug 2
A2034-210	M-F	Aug 5-9
A2034-211	M-F	Aug 12-16
Location: Fre	esh Me	eadow



Adult Group Classes

Whether you are picking up a club for the first time or looking to reduce your handicap to single digits, make a great investment and take a lesson from our professionals. Each class will have a six to one ratio of students to instructor

Age: 18 and older		Fee: \$199)			
Program #	Day	Date	Time			
A2032-201	Tu	Jun 4-25	6:00-7:30pm			
A2032-202	Th	Jun 6-27	6:00-7:30pm			
A2032-203	Sa	Jun 8-29	12:00-1:30pm			
A2032-204	Tu	Jul 2-23	6:00-7:30pm			
A2032-205	Th	Jul 4-25	6:00-7:30pm			
A2032-206	Sa	Jul 6-27	12:00-1:30pm			
A2032-207	Th	Aug 1-22	6:00-7:30pm			
A2032-208	Sa	Aug 3-24	12:00-1:30pm			
A2032-209	Tu	Aug 6-27	6:00-7:30pm			
1 -		Laura				

Location: Fresh Meadow

BACK-TO-SCHOOL PARK PLAYDATE Thur, Aug 22, 5:30-7:30pm

Join us for our 2nd Annual Back-to-School Park Playdate! This FREE end of the summer event will bring the whole family together before heading back to the books. We will have activities, a bounce house, live music, snacks, and much more! End your summer with the Oakbrook Terrace Park District! No registration required. **Location:** Heritage Park



CULTURAL ARTS PROGRAMS

Cultural Arts

Age: 1-2 ½ with parent

Parent & Tot Movement & Music

Give your tiny tot an introduction to movement and music at the Oakbrook Terrace Park District. This class will get you and your child moving to music in a social setting. Class is designed to promote parent and tot interaction while spending time together in a structured environment.

Program #	Day	Date	Time	Fee R/NR	Register by		
R5006-201	Tu	Jun 11-Jul 9	9:30-10:15am	\$34/\$41	Jun 4		
R5006-202	Tu	Jul 23-Aug 20	9:30-10:15am	\$34/\$41	Jul 16		
Location: He	ritage	Center					

Private Music Lessons

Students of all ages and experience levels are invited to study piano. Each session is 30 minutes. Students will be exposed to music technique, note-reading, and diverse and varied repertoire. Each student has an option to set their own goals and interests with the instructor. Be sure to register early to reserve your time spot!

*No class Jul 4 Age: 5 and older

J . O						
Program #	Day	Date	Time	Fee R/NR		
Call to schedule	Tu	Jun 18-Aug 6	Varies	\$136/\$163		
Call to schedule	Th	Jun 20-Aug 15*	Varies	\$136/\$163		
Location: Heritage Center						

Jazz & Ballet Combo

This combo class will expose your child to the fun and interactive types of dance. Students will learn basic technique, body alignment and terminology. Dancers will be able to understand the specific differences between ballet and jazz in an upbeat, exciting class. Class attire: Hair pulled back, leotard, tights, ballet shoes and jazz shoes.

*No class Jul 4 Age: 5-7

Program #	Day	Date	Time	Fee R/NR	Register by		
R5004-201	Th	Jun 13-Jul 18*	4:00-4:45pm	\$46/\$56	Jun 6		
R5004-202	Th	Jul 25-Aug 22	4:00-4:45pm	\$46/\$56	Jul 18		
Location: Fitness Center							

Нір Нор

Hip Hop is a fun, upbeat, and free-formed style of dance. This class will teach dancers creativity, attitude, posture, and how to move their body in sharp percussive movements. This high energy class will get your dancer moving with the music with a variety of combinations. Class attire: Hair pulled back, leotard or tank top, dance shorts or leggings, and gym shoes.

*No class Jul 4

Age: /-9						
Program #	Day	Date	Time	Fee R/NR	Register by	
R5005-201	Th	Jun 13-Jul 18*	5:00-6:00pm	\$50/\$60	Jun 6	
R5005-202	Th	Jul 25-Aug 22	5:00-6:00pm	\$50/\$60	Jul 18	
Location: Fitness Center						



NEW! Cinderella KIDS Summer Camp

Poor Cinderella is endlessly mistreated by her wicked stepmother and stepsisters and denied a chance to go to the royal ball. With a little help from her mice friends and a lot of help from her Fairy Godmother, Cinderella's dreams come true. She goes to the ball, meets the Prince, and falls in love! With many great featured speaking roles and a beautiful score, including "A Dream Is a Wish Your Heart Makes" and the classic "Bibbidi-Bobbidi-Boo," Disney's Cinderella KIDS will charm its way into your heart, and remind us all that dreams really can come true.

Age: 5-14							
Program #	Day	Date	Time	Fee	Register by		
R5013-201	M-Sa	Jul 22-27	9:00am-3:00pm	\$312	Jul 15		
Location: Heritage Center							



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Babysitter Training

Plan to babysit with the knowledge and skills necessary to safely and responsibly provide care for children and infants in the absence of parents. Develop leadership skills, learn how to develop a babysitting business, keep yourself and others safe, help children behave, and learn about basic child care and basic first aid. Certification for this class includes participant workbook, emergency guide, and American Red Cross Babysitters Training certificate. Attendance is required for the entire day to receive certification. Any exceptions need to be approved in advance by the instructor. Please bring a nut-free sack lunch **∆ne**. 11-12

Program #	Day	Date	Time	Fee R/NR	Register by	
R3014-201	Sa	Jul 20	9:00am-4:30pm	\$75/\$90	Jul 13	
R3014-202	Sa	Aug 10	9:00am-4:30pm	\$75/\$90	Aug 3	
Location: Westmont Park District, 75 E. Richmond St.						



Naperville Kayaking Trip

Join us for a guided tour with Naperville Kayak. Their experienced kayak instructors will provide the safety equipment, teach us how to paddle, and take us out on the water for two hours to play and experience nature. No experience required. Please bring water bottles, sunscreen and a snack. Concessions are available for purchase. Additional waiver needed for this trip. Age: 11-18

Program #	Day Date	Time	Fee R/NR	Register by		
R3009-201	W Jul 31	10:45am-2:00pm	\$33/\$41	Jul 24		
Location: Westmont Park District, 75 E. Richmond St.						

Teen Service Project Series

The Teen Service Series is a fun way to get service hours or just dedicate some time to helping others. Each season features service opportunities available in the surrounding area.

NEW! Hinsdale Humane Society

The Hinsdale Humane Society is a non-profit organization dedicated to the care and adoption of homeless animals. This trip will include a tour of the shelter, a volunteer project, and time to socialize with the animals. If you are planning to receive service hours with this trip, please bring any forms that need to be signed. Pick up and drop off will be at the Hinsdale Humane Society. Age: 11-17

Program #	Day	Date	Time	Fee R/NR	Register by	
R3010-205	Th	Jun 13	1:30-3:30pm	\$5/\$8	Jun 6	
R3010-206	Th	Jul 11	1:30-3:30pm	\$5/\$8	Jul 3	
Location: Hinsdale Humane Society, 21 Salt Creek Lane						

Lyman Woods Nature Center

If you're searching for a way to earn some much-needed service hours, then your search is over. Come spend the morning with other teens for a work day at the beautiful Lyman Woods Nature Center. Spanning 135 acres and two miles of trails, Lyman Woods connects people with nature and inspires appreciation and stewardship of natural areas through education and recreation. Age: 12-18

Program #	Day Date	Time	Fee R/NR	Register by		
R3010-202	Sa Jul 20	8:00am-10:30pm	\$5/\$10	Jul 13		
Location: Lyman Woods, 901 31st St., Downers Grove						

SCARCE Recycling

SCARCE (School & Community Assistance for Recycling and Composting Education) is a non-profit with the goal of creating sustainable communities. We will visit their headquarters in Glen Ellyn to sort through shipments of recyclables, including books, buttons, crayons, electronics, and more! Cost includes transportation and supervision.

Age: 11-17 Program

Program #	Day Date	Time	Fee R/NR	Register by		
R3010-203	Th Jul 11	9:30am-1:30pm	\$8/\$12	Jul 3		
Location: Lisle Park District Recreation Center, 1925 Ohio St.						

Teen Photography Class

Photography for Teens is a beginner's digital photography course where teens will have fun learning about photography and their cameras. This 3-hour class will teach you how to take better photos with the camera you have and shoot photos with basic composition skills. Ages: 13-17

лусэ. 15 1/						
Program #	Day Date	Time	Fee R/NR	Register by		
R3040-201	Sa Jun 15	9:00am-12:00pm	\$31/\$36	Jun 8		
Location: Darien Park District Community Center, 7301 Fairview Ave.						

TEEN PROGRAMS

Self Defense Seminar

This workshop is designed to be extremely effective in teaching girls and boys how to protect themselves. The central focus is to create an safe learning environment while ensuring high quality service. All instructors are members of the Bolingbrook Police Department. Training includes practicing in full force self-defense techniques on a padded instructor, as well as everyday safety skills which focus on awareness and prevention skills. The workshop emphasizes techniques that can stop an attack without violence. All workshops involve physical practice, role plays, and stories to teach skills. Students should wear athletic clothing and gym shoes. **Age:** 10-14

Program #	Class	Day	Date	Time	Fee R/NR	Register by
R3031-201	Girls Class	Sa	Jun 15	12:30-2:30pm	\$5/\$8	Jun 8
R3031-202	Boys Class	Sa	Aug 10	12:30-2:30pm	\$5/\$8	Aug 3
Location: Bolingbrook Recreation & Aquatic Complex, 200 S Lindsey Ln.						

NEW! Teen Climbing 101

This class teaches basic knowledge of rock climbing techniques such as three points of contact, footwork and balance. Class also introduces bouldering. Knowledge of basic knots, gear, and commands will also be reviewed in this class. This is a great way to learn the basics of becoming an avid climber! **Age:** 12-15

Program #	Day	Date	Time	Fee R/NR	Register by	
R3025-201	M, W	Jun 10-26	5:00-5:50pm	\$52/\$62	Jun 3	
R3025-202	M, W	Jul 8-24	5:00-5:50pm	\$52/\$62	Jul 1	
Location: Bolingbrook Annerino Community Center, 201 Recreation Dr.						

NEW! Smashing The 7 "Soft Skills"

Are you prepared to enter the workforce? Employers consistently state that our youth are not prepared for the workplace. Communication, enthusiasm, and problem solving come up as the top missing skills. Developing soft skills such as networking, communication, critical thinking, teamwork, credit literacy, time management and professionalism may result in our youth surpassing their peers in many areas of life. We will attack these skills in an entertaining, age-appropriate, and condensed manner that will keep you engaged. Please note this is a drop-off class. **Age:** 11-19

Program #	Day	Date	Time	Fee R/NR	Register by	
R3043-201	М	Jun 17	6:30-8:00pm	\$37/\$44	Jun 10	
Location: Westmont Park District, 75 E. Richmond St.						

NEW! Teen Lock-In at Enchanted Castle

Party all night long with an unlimited pizza and pop buffet! Registration includes \$21 in game play and access to unlimited Go-Karts, laser tag, miniature golf, bumper cars, catapult ride, Lazer Frenzy Challenge, and Hwy. 66 Mini-Bowling! Pick up and drop off is at Enchanted Castle.

Age: 11-14					
Program #	Day	Date	Time	Fee R/NR	Register by
R3044-201	Tu	Jul 2	11:30pm-5:00am	\$35/\$40	Jun 25
Location: Enchanted Castle, 1103 S Main St., Lombard					



Tweens will enjoy an evening of fun playing games and socializing with friends. Don't miss the place to be on your Friday night. At the end of the night, we will end with pizza. Parents must sign their child in and out.

Program #	Day	Date	Time	Fee R/NR	Register by
R3042-201	F	Jun 21	6:30-9:30pm	\$18/\$23	Jun 14
R3042-202	F	Jul 19	6:30-9:30pm	\$18/\$23	Jul 12
Location: H	erita	ge Center			

NEW! Wheel Ceramics for Teens

Create pottery using your skills at wheel throwing whether you are a beginner or have some experience. This class introduces the artistry of hand-thrown pottery. Teens will focus on using the wheel but will have the opportunity to make hand-built projects too. All materials included, along with firing and glazing.

*No class Jul 1

 Age:
 13-17

 Program #
 Day
 Date
 Time
 Fee R/NR
 Register by

 R3045-201
 M
 Jun 10-Jul 22*
 3:00-5:00pm
 \$221/\$265
 Jun 3

 Location:
 Oak Brook Park District, 1450 Forest Gate Rd.
 Here R/NR
 Description
 Second S

Fitness Center Rentals

1 Parkview Plaza, Oakbrook Terrace (630) 574 0420



The Oakbrook Terrace Park District Fitness Center offers open rental space for our 72' basketball court that can be separated into two halves. We also have two racquetball court spaces for multiple activities including Wallyball set-ups. The remaining rental space is our Group Exercise Studio that can be used for a variety of purposes whether it be for a small meeting or area to do corporate team building exercises. Come check out the available space for your next rental need!

ACTIVE ADULT PROGRAMS

Active Adults Club

Are you over the age of 55 and looking for something to do on the second Monday of every month? Join the Active Adults Club from 12:30-2:30pm. Membership is valid from May 1, 2019-April 30, 2020.

2019/2020 Membership

Three Payment options available

Program # R5001-204

Package	Fee	Includes
Gold	\$40	10 monthly drop-in and both
		holiday luncheons
Silver	\$15	10 monthly drop-in's
A La Carte	\$5	1 drop-in

Membership includes:

- 10 monthly drop-in programs
- Socializing
- Entertainment
- Games
- Speakers
- Program snack and coffee
- Thanksgiving Luncheon (included in Gold Package)
- Holiday Luncheon (included in Gold Package)



Silver and A La Carte Members may attend the Holiday Luncheons at the fees listed below.

Art

Silver Package

A La Carte \$20 Thanksgiving Luncheon \$35 December Holiday

Luncheon

\$10 Thanksgiving Luncheon\$20 December Holiday Luncheon

Drop-in Program:

Date	Program
May 13	Ice Cream Day
Jun 10	Relaxation through
Jul 8	Game Day
Aug 12	BINGO

Location Heritage Center Heritage Center Heritage Center Heritage Center

BODY + SOUL

Loyola Medicine's clinically integrated care teams have the experience and expertise to manage every health condition. From testing and diagnosis to treatment and rehabilitation, our board-certified physicians offer world-class treatment close to home. At Loyola, we are committed to providing quality, innovative care that focuses on both *body + soul*.

Loyola Center for Health at Oakbrook Terrace 1S224 and 1S260 Summit Ave. Oakbrook Terrace, IL 60181 888-584-7888

We also treat the human spirit.[®]



Not Your Mother's Line Dancing

Love to dance but don't have a partner? Learn to line dance to country, pop, rock, oldies, and current hits using a pattern of steps that repeats throughout a song.

*No class Jul 4 or Jul 18

Age: 16 and older

Program # Da	ay	Date	Time	Fee R/NR	Register by
R4039-201 Tł	h	Jun 6-Jul 25*	6:30-7:45pm	\$50/\$55	May 30
R4039-202 Th	h	Aug 1-Sep 5	6:30-7:45pm	\$50/\$55	Jul 25
Location: Darien Park District, 7301 Fairview Ave.					

NEW! Wheel Ceramics for Adults

Create pottery using your skills at wheel throwing whether you are a beginner or have experience. This class introduces the artistry of hand thrown pottery. Adults will focus on using the wheel but will have the opportunity to make hand-built projects too. All materials included, along with firing and glazing.

*No class Jul 3

Age: 16 a	nd older
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Program #	Day	Date	Time	Fee R/NR	Register by
R4065-201	W	Jun 12-Jul 24*	3:00-5:00pm	\$221/\$265	Jun 5
Location: Oak Brook Park District, 1450 Forest Gate Rd.					

Discover the Secrets of Chinese Health Balls

Chinese Health Balls can improve strength, flexibility, dexterity and circulation in the fingers, hands, and wrists, helping relieve joint stiffness and muscle soreness. Their use can help reduce the risk of carpal tunnel syndrome, tendonitis, repetitive strain injury, rheumatism and arthritis. They are deeply relaxing, can help reduce stress, improve overall health, stimulate the mind, and may reduce your risk of cognitive decline, dementia, and Alzheimer's. If you already have Health Balls bring them along; if not they will be available to use and purchase in class.

Age: 16 and older

Program #	Day	Date	Time	Fee R/NR	Register by
R4064-201	W	Jul 10	6:00-9:00pm	\$30/\$36	Jul 3
Location: C					

Beginning Photography

Do you have an interest in photography but don't know where to start? No need to feel ashamed of your photo experience (or lack thereof) any longer! Delve into your newly-found passion as professional photographer Mike Smith shows you the ropes of photography. Bring your own DSLR camera to class. Assignments will be given at each class session. Weekly assignments require printing. Tripod needed.

Age: 16 and older

Program #	Day	Date	Time	Fee R/NR	Register by	
R4003-201	Th	Jul 11-Aug 15	6:30-9:30pm	\$115/\$120	Jul 3	
Location: Darien Park District, 7301 Fairview Ave						

ADULT PROGRAMS

NEW! Effective Communication Strategies

Communication is more than just talking and listening – it's also about sending and receiving messages through attitude, tone of voice, facial expressions and body language. Explore how communication takes place when someone has Alzheimer's, learn to decode the verbal and behavioral messages delivered by someone with dementia, and identify strategies to help vou connect.

Age: 18 and older

Program # Day	Date	Time	Fee R/NR	Register by		
R4068-201 Th	May 2	5:30-7:00pm	FREE	Apr 25		
Location: Terra Vista, 1S635 Ardmore Ave.						

Healthy Living for your Brain and Body: Tips from the Latest Research

For centuries we've known that the health for the brain and body are connected. But now science is able to provide insights into how to optimize our physical and cognitive health as we age. Learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging. **Age:** 18 and older

Program #	Day	Date	Time	Fee R/NR	Register by
R4069-201	W	Jun 26	5:30-7:00pm	FREE	Jun 19
Location: Terra Vista, 1S635 Ardmore Ave.					

Adult Trips

NEW! Cubs vs. Oakland A's at Wrigley Field

Come support the Cubbies in pursuit of another World Series Championship! Enjoy motor coach transportation and covered seats in the Terrace Reserved Outfield at historic Wrigley Field. Any food and beverage purchases are at your own expense. Game takes place rain or shine. A weather-related postponement before the game will be rescheduled. **Age:** 18 and older

Program #Day DateTimeFee R/NRRegister byR4067-201WAug 711:30am-6:00pm\$93/\$112Jul 31Location: Oak Brook Park District Tennis Center Parking Lot

NEW Spirit of Chicago Brunch Cruise – Air & Water Show Rehearsal

Cruise Lake Michigan aboard the Spirit of Chicago and enjoy a delicious brunch. Coffee, tea or iced tea are included. We'll be seated on the middle and most accessible deck with a DJ playing music for your enjoyment. After eating, sit back and enjoy the cruise at your table or venture upstairs to the top deck for an even better view of the city and various aircraft rehearsing for the weekend's famous Chicago Air and Water Show. **Age:** 18 and older

Program #	Day	y Date	Time	Fee R/NR	Register by
4066-201	F	Aug 16	9:30am-3:30pm	\$119 NR	Aug 9
Location: Oak Brook Park District Tennis Center Parking Lot					





Terral

of Oakbrook Terrace Changing the View on Alzheimer's Care

Discover A Community Inspired to Create Meaningful Moments.



1635 S. Ardmore Avenue Oakbrook Terrace, IL 60181

630-657-0738 info@terravista.org

NEDSRA



PROGRAMS FOR INDIVIDUALS WITH DISABILITIES

Through our partnership with Northeast DuPage Special Recreation Association (NEDSRA), individuals with a disability are offered over 600 recreational opportunities each year. If you or someone you know has a disability, contact NEDSRA today for information about recreation programs and services! All ages and ability levels served.

FEATURING:

Special Olympics Cultural Arts Programs Adaptive Sports Day Camps Sensory Station Social Clubs

JOIN US FOR A IBIBQ

New participants receive a \$20 DISCOUNT

towards their first program registration!

A PROUD SERVICE OF THE OAKBROOK TERRACE PARK DISTRICT

> 1770 W. Centennial Place Addison, IL 60101 630-620-4500 nedsra.org

BBCBASH! RAFFLES! ACTIVITIES! BAGS TOURNAMENT! LOCAL BEER! & MORE! & MORE!

NEW LOCATION!

June 8th

Terrace View Park Oakbrook Terrace, IL

Check out the BBQ Bash Facebook event page for more information!

100% of the proceeds from this fundraiser goes to support NEDSRA's year-round programs and services for individuals with disabilities.

Questions? Call NEDSRA: 630-620-4500

PARKS & FACILITIES RENTALS

Looking for a great space to host your event or gathering?

Let the Oakbrook Terrace Park District help find the perfect space to suit your needs! We have many flexible outdoor options at one of our beautiful parks. Our indoor options include a gymnasium, a theater and meeting rooms. To request a rental space at the Fitness Center, visit https://www.obtpd.org/fitness-center-rental-request-form. To request a rental space at all other facilities and parks, visit https://www.obtpd.org/facility-rental-request-form. For more information, call 630-627-6100.

Facility/Room Rentals

Heritage Center

1S325 Ardmore Ave, Villa Park 630-627-6100

The Heritage Center is home to The Mario Parente Theater which can seat up to 130 people, has a full stage, dressing room, lighting and PA booth. The Heritage Center also has three meeting rooms available that can be rented. Our Board Room can seat up to 15 people, our Multipurpose Room can seat up to 35 people and our Cedar Room can seat up to 45 people.







Fitness Center

1 Parkview Plaza, Oakbrook Terrace 630-574-0420

The Fitness Center offers rental space in our 72' basketball court that can be separated into two halves. We also have two racquetball courts for multiple activities like Wallyball. Remaining rental space includes our Group Exercise Studio that can be used for a variety of purposes whether it be for a small meeting or area to do corporate team building exercises.

Facility/Room Rental Rates	Resident Rate	Non-Resident Rate	Corporate Rate	Non-Profit Rate
Heritage Center				
Cedar, Multi-Purpose or Board Room (per hour)	\$40	\$65	\$75	\$40
Mario Parente Theater (5 hour min.)	\$250	\$250	\$250	\$250
Theater Additional Hour	\$50	\$50	\$50	\$50
Fitness Center				
Full Court Gym	\$60	\$96	\$110	\$60
Half Court Gym	\$30	\$48	\$55	\$30
Group Studio	\$35	\$55	\$62	\$35
Racquetball Court (1 hour min.)	\$35	\$55	\$62	\$35

PARKS & FACILITIES RENTALS

Park Rentals

Heritage Park

1S325 Ardmore Avenue Villa Park

Beautiful Heritage Park can be reserved for company picnics, family gatherings, and social events.

The amenities of Heritage Park include*:

- Playground with a pyramid climber
- One full size & two half-court basketball courts
- Two sand volleyball courts
- Two tennis courts
- Charcoal grill
- Gazebo with picnic tables
- Interpretive garden
- Picnic areas
- Green space
- Walking path
- Outdoor exercise stations
- Portable restrooms
- * Some amenities may require an additional fee.



Terrace View Park



1 Parkview Plaza Oakbrook Terrace

This hidden park is home to the Park District's Fitness Center, Nature Center, as well as various recreational sites, picnic areas, and a lake with fountains.

The amenities of Terrace View Park include*:

- Softball field
- Large gazebo with picnic tables
 and charcoal grills
- Floating stage
- Hill for event seating
- Walking trail
- Lake stocked annually (Illinois fishing regulations apply)
- Playground
- Portable restrooms
- * Some amenities may require an additional fee.

Dorothy Drennon Park

Nimitz & Eisenhower Roads Oakbrook Terrace

Site is limited to 100 people and has seating for 35. A barbecue grill, two gazebos, playground, and portable restrooms are available. There is limited parking available.

The amenities of Dorothy Drennon Park include:

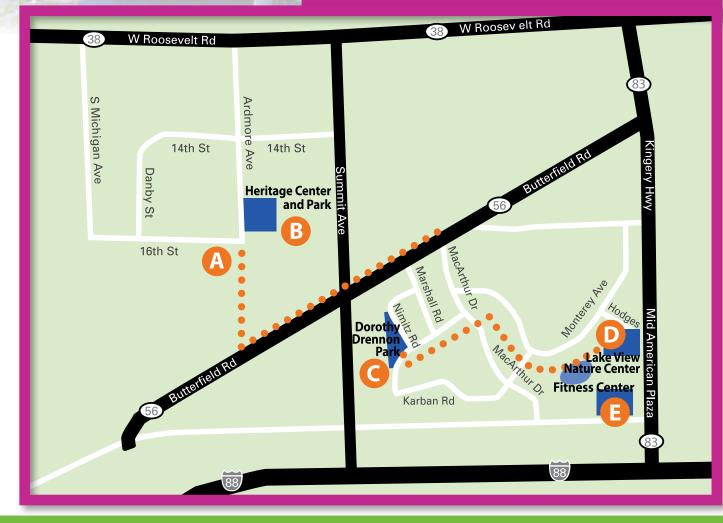
- Two gazebos
- Charcoal grill
- Picnic tables with seating for 35
- Playground equipment
- Portable restrooms



Park Rental Rates	Resident Rate	Non-Resident Rate	Corporate Rate	Non-Profit Rate
Heritage Park				
Gazebo (3 hour min.)	\$150	\$240	\$275	\$150
Gazebo Additional Hour	\$40	\$65	\$75	\$40
Basketball Courts, Tennis Courts or Sand Volleyball Courts (per hour)	\$50	\$80	\$92	\$50
Terrace View Park				
Gazebo (3 hour min.)	\$150	\$240	\$275	\$150
Gazebo Additional Hour	\$40	\$65	\$75	\$40
Ball Field (per hour)	\$50	\$80	\$92	\$50
Dorothy Drennon Park				
Gazebo (3 hour min.)	\$150	\$240	\$275	\$150
Gazebo Additional Hour	\$40	\$65	\$75	\$40



A. William Cizek Bike Path	
B. Heritage Center	1 S 325 Ardmore Ave.
C. Dorothy Drennon Park	Nimitz and Eisenhower
D. Lake View Nature Center	17 W 063 Hodges Rd.
E. Fitness Center/Terrace View Park	1 Parkview Plaza







Registration Guidelines

- Registration for residents of Oakbrook Terrace Park District, will begin on Monday, April 15.
 Open registration will begin on Monday, April 22.
- 2. All registrations are accepted on a first-come, first-serve basis.
- 3. Payment must accompany registration.
- **4.** There is a non-resident fee per participant per class for those not living within Park District boundaries, unless otherwise noted.
- Activities are held at the Fitness Center, Nature Center, and Heritage Center. Please check to see which location the class is being held. Not all programs are held at our sites.
- 6. There is a \$25 administration fee for returned checks. These fees must be paid in cash to the Business Services Coordinator.

Refund/Cancellation Policy

- 1. If a class minimum is not met, the class will be cancelled and registration fees will be returned.
- No refunds will be given after the registration deadline has passed unless physician's documentation is presented.
- **3.** No refunds will be given after a ticket for a trip, stage show or other special event has been purchased.
- **4.** Refunds given prior to the registration deadline will be charged a \$5 processing fee. Please allow two weeks for processing.

Registration Deadline

Don't let a good class cancel! A good class might be cancelled if you wait until the last minute to sign up. At some point, we must decide whether a program or activity will take place. If that class has not registered a minimum number of participants, it will be cancelled. So remember, save a class and Register by the program registration deadline. Please refer to the Oakbrook Terrace Park District brochure for program registration deadlines.



REGISTRATION FORM

Main Contact



Last Name:	First Name:	Birth date:
Address:	City:	Zip Code:
Phone:	E-Mail Address:	

Participant Last Name	Participant First Name	Birth date	Sex	Program Name	Program #	Fee
						\$
						\$
						\$
						\$
						\$
Does the participant require special accommodations? If so, please note on line below. O Yes O No Total Fees:					\$	

Refund/Cancellation Policy: 1. If a class minimum is not met, the class will be cancelled and registration fees will be returned 2. No refunds will be given after the registration deadline has passed unless physician's documentation is presented 3. No refunds will be given after a ticket for a trip, stage show or other special event has been purchased. 4. Refunds given prior to the registration deadline will be charged a \$5 processing fee. Please allow two weeks for processing.

Payment Type: 🔿 Cash	O Credit Card #	_ Exp. Date /
• Check #	Signature Authorizing Payment	<u></u>

The Oakbrook Terrace Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Oakbrook Terrace Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/ or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Oakbrook Terrace Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Oakbrook Terrace Park District, including its officials, agents, volunteers and employees.

TRANSPORTATION Please read this carefully and be aware that in consideration for the Oakbrook Terrace Park District providing transportation services to/for this program, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of said services, including but not limited to, vehicle operations and boarding and exiting the vehicle. I recognize and acknowledge that the Oakbrook Terrace Park District is neither a common carrier nor in the business of providing transportation services to the public. I further recognize and acknowledge that there are certain risks of physical injury to vehicle passengers, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with receiving transportation services, including, but not limited to, injuries, damages and loss arising out of negligent operation or supervision of the vehicle. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) against the Oakbrook Terrace Park District, including its respective officials, agents, volunteers and employees (hereinafter collectively referred as "Parties").

Date

PHOTO RELEASE By registering for any Park District program/event/league you agree to allow publication of any photos taken at any program, event, or facility of the Oakbrook Terrace Park District.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature. I HAVE READ AND FULLY UNDERSTAND THE ABOVE PROGRAM DETAILS AND WAIVER AND RELEASE OF ALL CLAIMS. STAFF USE ONLY

Reg.	By: _		
Roa	Nato:		

Participant's Signature (Signature of Parent/Guardian if participant is under 18 years of age)





1 S 325 Ardmore Avenue Villa Park, IL 60181 Phone 630-627-6100

Open House

Park Playdate PRESORTED STANDARD U.S. POSTAGE PAID LOMBARD, IL 60148 PERMIT #350

ECRWSS Residential Customer

Events to note...

Jun 3	Jun 5	Jun 8	Jun 10
Rising Star Summer Camp/Super Star Summer Camp Begins	Creation Station at Heritage Park	NEDSRA BBQ Bash	Summer Adult Athletic Leagues Start
Jun 13	Jun 14	Jun 24	Jun 29
Movie in the Park: Disney's Moana	Nature Center Open House	Nature Mini Camps Begin Youth Soccer Camp Begins	Touch-A-Truck
Jul 3	Jul 6	Jul 11	Jul 22
Creation Station at Dorothy Drennon Park	Nature Center Open House	Movie in the Park: Hotel Transylvania 3	The Stage School's Cinderella KIDS Summer Camp Begins
Aug 7	Aug 9	Aug 15	Aug 16
Creation Station at Terrace View Park Adult Trip - Cubs Game	Nature Center Open House	Movie in the Park: Incredibles 2	Adult Trip - Spirit of Chicago Brunch Cruise
Aug 21	Aug 22		
Preschool Drop-In	Back-to-School		