630.627.6100 info@obtpd.org obtpd.org ●
 ●

Oakbrook Terrace PARK DISTRICT

2019

winter Guide

Programs & Events

## At Evergreen Bank Group, it's easy to Spot why we're Different.



- Free High Rewards Checking
- Wi-Fi Coffee Lounge with iPads
- Experienced Staff
- Social Responsibility in Community
- Great CD Rates
- Free Shoeshines Every Week
- Biometric Safe Deposit Boxes
- Golf Simulator

Evergreen Bank Group is proud to support the Oakbrook Terrace Park District, a strong partner in caring about our community.

## EVERGREEN BANK

Keeping it Local. Just for You.

Services listed above differ by location. Oak Brook Hinsdale Evergreen Park

Visit us at evergreenbankgroup.com or call 1-888-505-BANK(2265) today.



## Office Locations & Hours

### Heritage Center

1S325 Ardmore Avenue Ph: 630-627-6100 Fax: 630-627-6180

### Hertiage Center Hours

Monday-Friday ..... 8:30am-4:30pm

### **Fitness Center**

1 Parkview Plaza Ph: 630-574-0420 Fax: 630-574-0430

### **Fitness Center Hours**

Monday-Thursday...6:00am-9:00pm Friday.....6:00am-8:00pm Saturday.....7:00am-3:00pm

## Heritage Center & Fitness Center will be closed on:

Dec 24 & 25 Dec 31 & Jan 1 Apr 19 May 27

### Find us on:



## Lake View Nature Center

17W063 Hodges Road Ph: 630-941-8747 Fax: 630-941-3558

The Nature Center is available to the public by signing up for one of our programs, arranging a birthday party or event, and by booking a field trip for your school or group.

## SUMMERIS SUMMERIS RIGHT AROUND THE CORNER!

Check out information on our new summer camp offerings on page 28.

Park Board · Staff

## Resident Registration Begins Mon, Dec 3 Open Registration Begins Mon, Dec 10

## Park Board

## **Board of Commissioners**

Roger Sweitzer	President
Dan Flanagan Vice	President
Susan LugoRecording	Secretary
Bill Cizek	Treasurer
Maryanne Neffke	Secretary

## Park Board Meetings

Oakbrook Terrace Park District board meetings are held the fourth Tuesday of each month at 7:00pm in the Heritage Center board room. The public is always welcome to attend.

Upcoming board meetings are:

Jan 22	Apr 23
Feb 26	May 28
Mar 26	

## Staff

## Administration

Cathy Fallon Executive Director
Shannon Elsey, CPRP Superintendent of Recreation
Tom Bell Superintendent of Facility Operations and Park Maintenance
Taylor Stirmell, CPRP Recreation Supervisor
Antonio WashingtonBusiness Services Coordinator
Maureen Horan Marketing Coordinator
Michelle Hrody Registration Clerk

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## Fitness Center

Josh Treichel	Fitness & Athletic
	Supervisor
Karla Paschon	.Front Desk Supervisor

## **Parks Department**

Charles "Butch" Hoblit ...... Building & Grounds Foreman

## Lake View Nature Center

Laura Saletta .....Nature Program Coordinator



## **Mission Statement**

The Oakbrook Terrace Park District was established to serve the local community and general public in seeking those recreational and leisure needs that are not only a right but a necessity to the welfare of the general public.

Park District programs and services are designed to establish the opportunity for everyone to enjoy and participate in varied activities. Programs and services are constantly reviewed and assessed for relevance in regards to public needs. The Park District is also dedicated to maintaining the financial balance necessary to establish, maintain and protect future needs for community leisure.

The Park District views all of its facilities and programs as a whole with their maintenance and implementation being done for the greater good for the entire community and general public.

The Park District is dedicated to maintaining the highest quality of professional staff to serve the general public. The Park District believes in the ongoing process of providing recreational services for individuals with special needs throughout the Northeast DuPage Special Recreation Association and accessibility for its facilities whenever and wherever possible. Continued input from the public will be constantly encouraged for the purpose of providing relevant and successful programs.

## **Cooperative Programs**

In an effort to provide more programs, the Oakbrook Terrace Park District offers cooperative programs with other districts. In most cases, our residents will only have to travel a few extra miles, but they will have the advantage of additional programs in which to participate. We hope that you will be able to take advantage of these opportunities available to you.

### Instructors and Volunteers Wanted

If you have an interest in teaching, or would like to make a donation towards a program, have a program idea, or would like to volunteer, contact us at 630-627-6100.

## **Personal Property Liability**

The Park District cannot be held responsible for the storage or loss of personal property of program participants or visitors. In addition, please do not leave any pets or animals unattended at any of our park facilities.

## Keeping Our Parks, Facilities & Programs Safe

The Oakbrook Terrace Park District appreciates and encourages citizen input. Safety in our parks, facilities and programs is of the utmost importance to us. Providing safe parks, facilities and programs for residents and all participants is our goal and further enhances the quality of life in our community. If you feel that there are safety or related issues that need to be addressed, please contact the Oakbrook Terrace Park District at 630-627-6100.

## Code of Conduct

To ensure an enjoyable and safe program for all participants, the Oakbrook Terrace Park District has developed a behavior code. Participants shall:

- 1. Behave respectfully to all participants and staff.
- 2. Refrain from using foul language.
- 3. Refrain from causing bodily harm.
- 4. Treat all equipment, supplies, and facilities respectfully.

Additional rules are developed for specific programs, as deemed necessary by the staff. The behavior required of participants as stated in the policy listed above applies to all parents, friends, relatives or others accompanying participants to any Oakbrook Terrace Park District program.

## Important Phone Numbers Partnerships & Other Organizations

Bolingbrook Park District	. 630-739-0272
Brandywine	. 630-627-4143
Claredon Hills Park District	. 630-323-2626
Darien Park District	. 630-968-6400
Downers Grove Park District	. 630-963-1300
DuPage County Sheriff	. 630-682-7256
Elmhurst Park District	. 630-993-8900
Lisle Park District	. 630-964-3410
NEDSRA	. 630-620-4500
NEDSRA	. 630-990-4233
NEDSRA Oak Brook Park District	. 630-990-4233 . 630-941-8320
NEDSRA Oak Brook Park District Oakbrook Terrace Police	. 630-990-4233 . 630-941-8320 . 630-834-2759
NEDSRA Oak Brook Park District Oakbrook Terrace Police Oakbrook Terrace Fire Dept	. 630-990-4233 . 630-941-8320 . 630-834-2759 . 630-941-8300
NEDSRA Oak Brook Park District Oakbrook Terrace Police Oakbrook Terrace Fire Dept City of Oakbrook Terrace	. 630-990-4233 . 630-941-8320 . 630-834-2759 . 630-941-8300 . 630-834-1164

## Administration of First Aid

The Oakbrook Terrace Park District provides basic first aid by trained staff to participants when necessary. When administering first aid the Oakbrook Terrace Park District may clean the wound with antiseptic wipes, apply ointments and cover a wound with a bandage. Please notify Oakbrook Terrace Park District staff if you have any allergies to any basic first aid wipes, ointments or other supplies.

### Oops!

The Oakbrook Terrace Park District staff has made every effort to prepare this brochure as accurately as possible. However, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Park District reserves the right to make any such adjustments. The Park District apologizes for any inconvenience these errors or adjustments may cause.

## **Special** Events





Daddy

## Saturday, Apr 13, 9:30-11:00am Join us for an enjoyable morning and delicious breakfast!

Don't forget your cameras for the special photo op of your child and the special quest. After your tasty breakfast, we will meet in the Terrace View Baseball Field for an egg hunt. Special prizes will be awarded to those that find the golden egg! Registration is required.

Fee R/NR: \$14/\$17 (Ages 3 & up) Program # R6004-101 Location: Fitness Center Gym

\$6/\$8 (Ages 2 & under) Register By Mar 30

Fee is per person and includes breakfast followed by egg hunt.



to support NEDSRA's year-round programs and services for individuals with disabilities.

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Questions? Call NEDSRA: 630-620-4500



**Early Childhood Programs** Winter Wonderland Fest see page 16

### Oakbrook Terrace Park District | obtpd.org

## **Oakbrook Terrace Park District Fitness Center**

### Contact

1 Parkview Plaza Oakbrook Terrace, IL 60181 Phone: 630-574-0420 Fax: 630-574-0430

## Hours

### Fitness Center Hours

Monday-Thursday...6:00am-9:00pm Friday.....6:00am-8:00pm 

### Fitness Center Closed

Dec 24 & 25 Dec 31 & Jan 1 Apr 19 May 27

### Come join us!

Become a member of the Fitness Center at the Oakbrook Terrace Park District and be sure to visit our website for updated programming.

## Fitness Center offers:

- Cardio and weight room
- Group fitness studio for classes
- Two racquetball courts
- Basketball court and gymnasium
- Walking path outside around our beautiful Terrace View lake
- Full locker room facilities
- 16,600 square foot facility
- Personal trainers work with clients of every fitness level. Contact the front desk today to make an appointment.
- Silver and Fit eligible facility

## Membership Options

### Enrollment Fee: \$50

	Resident	Non-resident
Individual	\$25	\$30
Couple	\$45	\$55
Senior/Student	\$18	\$23
Senior Couple	\$30	\$40
Family (4)	\$65	\$75
Daily Fee	\$10	\$10



## Personal Training

Get the results you want! There are many benefits when you work out with a trainer that is flexible and willing to work around times that are convenient for you. Personal training helps with:

- Motivation
- · Obtaining the best results Accountability Injury prevention

Personal training sessions are not included in a membership and are available for an additional cost by appointment only. Health questionnaires and physician's approval may be necessary before training can begin.

### Personal Training Packages

(1 session = 1 hour or two 30-minute training periods)

Individual		Group Tra	Group Training			
Sessions	Fee	Sessions	Group Size	Fee Per Person		
1	\$65	5	2-4	\$200		
5	\$300	10	2-4	\$250		
10	\$475					
	-'' - '					

Location: Fitness Center

### Group Training: Grab Your Workout Partner

Reach your workout goals with a friend! This group based training offers those with similar workout goals to work with one of our personal trainers in a group setting. So grab a workout partner and join this great fitness program! Time and dates may vary based upon availability. Please see the Fitness Center front desk for more information and available dates.

## **Enrollment Special** \$10 off Group Exercise



When you sign up for a gym membership during December or January, you receive \$10 off a group exercise class of your choice!

\*This special is based upon class enrollment. All classes and offers are subject to change.

## Healthy Minds, Healthy Bodies

The Oakbrook Terrace Park District in cooperation with the Northeast DuPage Special Recreation Association (NEDSRA) recognizes the challenges faced by veterans returning stateside with a disability. To meet their wellness needs, the Oakbrook Terrace Park District and NEDSRA combined its resources and expertise with Club Fitness, U.S. Paralympics and the Rehabilitation Institute of Chicago to offer a unique, new program, free of charge, to qualified returning veterans.

## Veterans accepted into the Healthy Minds, Healthy Bodies program will receive:

- Personal training sessions\* with a Certified Trainer experienced in post-rehabilitation exercises
- Full year, fitness membership for veteran and for a spouse, partner or friend
- Post rehabilitative exercise materials for home use
- Healthy minds and healthy bodies
- Invitations to optional social events where you can meet
   other participants
- This program is being offered to a limited number of participants

## \*Start date and duration of training sessions will be tailored to meet the individual needs of each client.

An initial consultation with NEDSRA is required to help us determine whether this program is right for you.



## IT'S TIME TO DOUBLE DOWN OR EVEN TRIPLE DOWN!

### Come Grab Our Group Fitness Package Deal!

### 2 Classes for \$75 or 3 Classes for \$95

Get more of the fitness classes you enjoy at a more affordable price when you sign up for multiple of our select fitness classes at once. This offer applies to those who sign up for both yoga classes at once or two or three of the lunchtime fitness classes – Interval Training, Lean and Mean

Bootcamp, Sculpt and Stretch – at once.

## Group Fitness Weekly Schedule

CARDIO TONING & CONDITIONING MIND & BODY

Day	Date	Time	
Monday	8:00-8:45am	Kick N' Be Fit	
	12:00-12:45pm	Interval Training	
	5:15-6:00pm	Zumba	
	6:00-7:00pm	Hatha Yoga	
Tuesday	12:00-12:45pm	Lean and Mean Bootcamp	
Wednesday	8:00-8:45am	Active Adults Sit N' Be Fit	
	12:30-1:15pm	Zumba	
	5:15-6:00pm	Body Works Level 1	
	6:00-7:00pm	Hatha/Vinyasa Flow Yoga	
Thursday	12:00-12:45pm	Sculpt and Stretch	

## COME CHECK OUT OUR Health and Uellness Speaking Engagements!

Speaker: Loren Thomas, OBTPD Personal Trainer and Group Fitness Instructor IOPIC: Creating Posititve New Year's Resultions and Sticking to Them Program # Day Date Time

**Program # Day** F4016-101 W

**Time** 11:00am-12:00pm

## IOPIC: Get in Shape to Get the Most Out of Your Summer

Jan 9

 Program #
 Day

 F4016-102
 W

 Date
 Time

 Mar 27
 11:00

7 11:00am-12:00pm

Fee: \$15/person/speaking engagement Pre-registration required

Oakbrook Terrace Park District | obtpd.org



### Kick N' Be Fit

This class helps build stamina, cardiovascular endurance, and concentration through high and low impact martial arts techniques and kickboxing challenges. This class will increase flexibility core strength, power and balance. Kick 'N Be Fit consists of warm-up, full body workout, cool down, and stretching.

Age: 16 and older

Program #	Day	/ Date	Time	Fee R/NR	Register By
F4007-101	М	Jan 14-Feb 18	8:00-8:45am	\$45/\$52	Jan 7
F4007-102	М	Mar 4-Apr 8	8:00-8:45am	\$45/\$52	Feb 25
F4007-103	М	Apr 15-May 20	8:00-8:45am	\$45/\$52	Apr 8
Location: Fitness Center					

## **Interval Training**

This class will combine strength training with high intensity interval training to help strengthen your body and increase endurance along with boosting metabolism. Take time during your lunch hour once a week to reboot and restore your body.

Age: 16 and older

Program #	Day	Date	Time	Fee R/NR	Register By
F4006-101	М	Jan 14-Feb 18	12:00-12:45pm	\$45/\$52	Jan 7
F4006-102	М	Mar 4-Apr 8	12:00-12:45pm	\$45/\$52	Feb 25
F4006-103	М	Apr 15-May 20	12:00-12:45pm	\$45/\$52	Apr 8
Location: Fitness Center					

### Zumba

Come join this highly energizing dance fitness party! Dance away the stress of the day and get fit in a friendly environment. The moves are simple...you don't even need to know how to dance! This class will surely get your heart rate up and put a smile on your face. See you there!

#### Age: 16 and older

Program #	Day	/ Date	Time	Fee R/NR	Register By
F4011-101	М	Jan 14-Feb 18	5:15-6:00pm	\$45/\$52	Jan 7
F4011-102	W	Jan 16-Feb 20	12:30-1:15pm	\$45/\$52	Jan g
F4011-103	М	Mar 4-Apr 8	5:15-6:00pm	\$45/\$52	Feb 25
F4011-104	W	Mar 6-Apr 10	12:30-1:15pm	\$45/\$52	Feb 27
F4011-105	М	Apr 15-May 20	5:15-6:00pm	\$45/\$52	Apr 8
F4011-106	W	Apr 17-May 22	12:30-1:15pm	\$45/\$52	Apr 10
Location: F	itne	ss Center			

### Hatha Yoga

Exercise your mind and body through many different movements and positions. Hatha Yoga can improve your flexibility, strength, peace of mind, and much more. This class is great for everyone whether you are a beginner or have a lot of experience. **Age:** 16 and older

Program #	Day	Date	Time	Fee R/NR	Register By	
F4002-107	М	Jan 14-Feb 18	6:00-7:00pm	\$45/\$52	Jan 7	
F4002-108	М	Mar 4-Apr 8	6:00-7:00pm	\$45/\$52	Feb 25	
F4002-109	М	Apr 15-May 20	6:00-7:00pm	\$45/\$52	Apr 8	
Location: Fitness Center						

### Lean and Mean Bootcamp

This is a class geared for all those looking to reach a total body strength workout. This class is for all levels with easy-to-follow workouts aimed to strengthen every major muscle and to build your muscular endurance. It will use a variety of equipment and exercises to achieve these goals.

Age: 16 and older

Program #	Day	Date	Time	Fee R/NR	Register By	
F4004-101	Tu	Jan 15-Feb 19	12:00-12:45pm	\$45/\$52	Jan 8	
F4004-102	Tu	Mar 5-Apr 9	12:00-12:45pm	\$45/\$52	Feb 26	
F4004-103	Tu	Apr 16-May 21	12:00-12:45pm	\$45/\$52	Apr 9	
Location: Fitness Center						

## Active Adults Sit N' Be Fit

This class is made to improve balance, gait, high level of function and movement, along with improving cognitive brain fitness. This class consists of proper warm-up, strengthening, cool down and stretching. FYI tips at the end of class. **Ane:** 16 and older

	Program #	Day	Date	Time	Fee R/NR	Register By	
	F4008-101	W	Jan 16-Feb 20	8:00-8:45am	\$45/\$52	Jan 9	
	F4008-102	W	Mar 6-Apr 10	8:00-8:45am	\$45/\$52	Feb 27	
	F4008-103	W	Apr 17-May 22	8:00-8:45am	\$45/\$52	Apr 10	
	Location: Fitness Center						





## Bodyworks Level 1

A lightweight dumbbell workout moved to the beat of the music. Get lean as you move through a variety of exercises to sculpt into shape! Improve your muscle tone, posture, balance and strength. A total body workout!

Age: 16 and older

Program #	Day	/ Date	Time	Fee R/NR	Register By	
F4012-101	W	Jan 16-Feb 20	5:15-6:00pm	\$45/\$52	Jan g	
F4012-102	W	Mar 6-April 10	5:15-6:00pm	\$45/\$52	Feb 27	
F4012-103	W	Apr 17-May 22	5:15-6:00pm	\$45/\$52	Apr 10	
Location: Fitness Center						

## Hatha/Vinyasa Flow Yoga

This class will be a combination of Hatha and Vinyasa Flow. It will include many poses, stances, a flowing movement, and breathing techniques. This class is great for anyone who wants to experience multiple types of yoga!

Age: 16 and older

Program #	Day	v Date	Time	Fee R/NR	Register By	
F4017-101	W	Jan 16-Feb 20	6:00-7:00pm	\$45/\$52	Jan g	
F4017-102	W	Mar 6-Apr 10	6:00-7:00pm	\$45/\$52	Feb 27	
F4017-103	W	Apr 17-May 22	6:00-7:00pm	\$45/\$52	Apr 10	
Location: Fitness Center						

## Sculpt and Stretch!

This class will provide an effective and efficient total body workout during your limited lunch hour! This class will provide you with the stretching and sculpting components to your workout to help improve your muscle tone, balance, posture and strength. Take this time during your lunch hour once a week to reboot and restore your body!

Age: 16 and older	
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Program #	Day	v Date	Time	Fee R/NR	Register By	
F4003-107	Th	Jan 17-Feb 21	12:00-12:45pm	\$45/\$52	Jan 10	
F4003-108	Th	Mar 7-Apr 11	12:00-12:45pm	\$45/\$52	Feb 28	
F4003-109	Th	Apr 18-May 23	12:00-12:45pm	\$45/\$52	Apr 11	
Location: Fitness Center						

## Free Active Adult Workout Time

The Park District has established times for resident seniors to workout at the Fitness Center for FREE! Please bring your driver's license or state issued ID as proof of residency to fill out a membership form and be issued a pass for the facility. This complimentary time does not apply to any other program. Age: 65 and older

Day	Time
M-F	6:00-10:00am
Sa	7:00-10:00am



## **Enrollment Special** Half off Enrollment Fee

Sign up for a new gym membership through the month of February and receive half off the enrollment fee!

## Oakbrook Terrace Park District | obtpd.org

## Nature Programs

## Lake View Nature Center

17W063 Hodges Road Oakbrook Terrace, IL 60181 630-941-8747

The Lake View Nature Center is dedicated to bringing fun, hands-on environmental education and recreation opportunities to area residents and the general public to promote awareness and appreciation of the natural world.





## **In-House Programs**

The Lake View Nature Center is an excellent place to explore the natural sciences. We offer programs for all ages and grade levels.

Scout Troops



## **Outreach Programs**

Can't make it to our facility? Let us bring our programs to you! We offer presentations, event stations and more.

Outreach Programs





## School and Community Group Themes

Our programs are perfect for preschools, homeschool groups, camps and elementary school groups. Programs include discussions, hikes, stories and/or craft activities and can be tailored to meet curriculum needs.

- Bird is the Word
- Hands on Herpetology
- Native American Lore
- Animal Tracks
- Seasonal programs and more

## Cub Scout and Girl Scout Themes

Need to earn a badge or complete a journey? Let us help you! We have programs that meet a variety of requirements.

### Girl Scout programs include:

- Daisy: Recycling (Green Petal), Caring for Creatures
   (3 Cheers for Animals Journey) and more!
- Brownie: Bugs Badge, Hiker Badge and more!
- Junior: Flowers Badge, Camper Badge and more!

### Cub Scout programs include:

- Tiger Cub: Tigers in the Wild and Backyard Jungle
- Wolf: Paws on the Path and Call of the Wild
- Bear: Fishing, Camping Skills and more!
- Webelos: Poisonous Plants and Animals, Into the Wild and more!

To request a group booking, please visit www.obtpd.org and click the appropriate request form button for your group.

## Nature Programs

## Nature Tots

Toddlers with an adult will explore the wonders of nature through "loose parts" play. In this way, your little one can learn the joys of a natural play-scape that they create themselves, while learning teamwork and sharing skills. We provide materials, your child provides imagination! We will play outside each class, so please dress for the weather.

Age: 18 months-3 with adult

Program #	Day	Date	Time	Fee	Register By	
N1001-101	F	Jan 18	9:30-10:30am	\$10	Jan 11	
N1001-102	F	Feb 1	9:30-10:30am	\$10	Jan 25	
N1001-103	F	Feb 15	9:30-10:30am	\$10	Feb 8	
N1001-104	F	Mar 1	9:30-10:30am	\$10	Feb 22	
N1001-105	F	Mar 15	9:30-10:30am	\$10	Mar 8	
N1001-106	F	Mar 29	9:30-10:30am	\$10	Mar 22	
N1001-107	F	Apr 12	9:30-10:30am	\$10	Apr 5	
N1001-108	F	Apr 26	9:30-10:30am	\$10	Apr 19	
N1001-109	F	May 10	9:30-10:30am	\$10	May 3	
N1001-110	F	May 24	9:30-10:30am	\$10	May 17	
Location: Lake View Nature Center						

Location: Lake View Nature Center

## Out the Door, Let's Explore!

Let's go outside! Nature will be the teacher and the outdoors will be the classroom as your child learns about different themes each class including bugs, trees, birds, and weather! Dress your child in outdoor gear, as we plan to spend much of the class in the outdoors (weather permitting).

Age: 4-6 (through kindergarten)

	5			
Program # Da	y Date	Time	Fee	Register By
N1017-101 F	Jan 18	12:30-2:30pm	\$19	Jan 11
N1017-102 F	Feb 1	12:30-2:30pm	\$19	Jan 25
N1017-103 F	Feb 15	12:30-2:30pm	\$19	Feb 8
N1017-104 F	Mar 1	12:30-2:30pm	\$19	Feb 22
N1017-105 F	Mar 15	12:30-2:30pm	\$19	Mar 8
N1017-106 F	Mar 29	12:30-2:30pm	\$19	Mar 22
N1017-107 F	Apr 12	12:30-2:30pm	\$19	Apr 5
N1017-108 F	Apr 26	12:30-2:30pm	\$19	Apr 19
N1017-109 F	May 10	12:30-2:30pm	\$19	May 3
N1017-110 F	May 24	12:30-2:30pm	\$19	May 17
		<u> </u>		

Location: Lake View Nature Center





## **Animal Adventures!**

Introduce your child to the wonderful world of animals and their habitats. Through creative exercises and hands on learning, children will discover the wonders of natural spaces and the animals that call those places home. They should dress for their adventures with the animals in weather appropriate clothing as we often will be outside.

D	# D	D-4-	-
<b>Age</b> : 4-6	(through	kindergarten.	)

Program #	Day	Date	Time	Fee	Register By	
N1003-101	Tu	Jan 15-Jan 29	9:00-11:00am	\$48	Jan 8	
N1003-102	Tu	Jan 15-Jan 29	12:30-2:30pm	\$48	Jan 8	
N1003-102	Tu	Feb 12-Feb 26	9:00-11:00am	\$48	Feb 5	
N1003-104	Tu	Feb 12-Feb 26	12:30-2:30pm	\$48	Feb 5	
N1003-105	Tu	Mar 12-Mar 26	9:00-11:00am	\$48	Mar 5	
N1003-106	Tu	Mar 12-Mar 26	12:30-2:30pm	\$48	Mar 5	
N1003-107	Tu	Apr 9-Apr 23	9:00-11:00am	\$48	Apr 2	
N1003-108	Tu	Apr 9-Apr 23	12:30-2:30pm	\$48	Apr 2	
N1003-109	Tu	May 7-May 21	9:00-11:00am	\$48	Apr 30	
N1003-110	Tu	May 7-May 21	12:30-2:30pm	\$48	Apr 30	
Location: Lake View Nature Center						

## Open House Hours at the

## **Lake View Nature Center**

Would you like to learn about the programs and events at the Nature Center? Do you want visit really cool critters? Check out our open houses as we offer fun nature-themed activities all day. No registration required and all ages are welcome.

	Day	Date	Time	
	М	Jan 21	11:00am-2:00pm	
	М	Feb 18	11:00am-2:00pm	
	F	Mar 22	4:00-7:00pm	
5	М	Apr 22	11:00am-2:00pm	
	F	May 17	4:00-7:00pm	
	Nature Center			

## Family & School Age Programing

## **Imagination Gardens**

Create your own miniature world in a dish! All you need are hearty plants and tiny decorations. Our gardening enthusiast will show children how to build and take care of their own garden they will make themselves. All supplies will be provided.

Program #	Day	Date	Time	Fee	Register by	
N2040-101	Sa	Mar 23	1:30-3:00pm	\$18	Mar 16	
Location: Lake View Nature Center						

## **Tiny Terrariums**

Aue. √-8

Indoor gardening is a fun hobby. Learn how to build a small terrarium of you own and make a great Mother's Day gift in the process. We will provide all the supplies you will need for your new creation.

Program #	Day	Date	Time	Fee	Register by		
N2041-101	Sa	May 11	1:30-3:00pm	\$18	May 4		
Location: Lake View Nature Center							



Children will enjoy nature activities and games, meet

animals, go on a hike (weather permitting), and have a pizza party. Craft time and story time will round out the night. You will pick them up ready for a good night's sleep.

#### Age: 4-12 Program #

 Program #
 Day
 Date
 Tim

 N2022-101
 F
 Feb 15
 5:30

 N2022-102
 Sa
 Apr 6
 5:30

 Location: Lake View Nature Center

 Time
 Fee

 5:30-8:30pm
 \$25

 5:30-8:30pm
 \$25

 state
 \$25

Register by Feb 8 Mar 31

## Family Fishing Fun!

Ever wanted to take your family fishing but didn't know where to start? Let our expert fisherman teach you and your family the basics of fishing. We'll learn about fishing rules and safety, how to bait and cast a pole, and go fishing in our stocked lake! Every registered child must be accompanied by an adult.

Age: 5-12

Program #	Day	Date	Time	Fee	Register by	
N2023-101	Sa	Apr 27	11:00am-12:30pm	\$15	Apr 20	
Location: Lake View Nature Center						

### Nature Book Club for Kids Gather around to hear stories and poetry inspired by nature. We will begin each class with a reading from works like *The Giving Tree, The Lorax*, and more. Children will then participate in creative exercises like arts, crafts, and story writing of their own. We may even go outside and watch real stories of nature unfold, so please dress

					1 C C C C C C C C C C C C C C C C C C C
Age: 6-12					
Program #	Day	Date	Time	Fee	<b>Register by</b>
N2043-101	F	Feb 8	4:00-5:30pm	\$15	Feb 1
N2043-102	F	Mar 8	4:00-5:30pm	\$15	Mar 1
N2043-103	F	Apr 5	4:00-5:30pm	\$15	Mar 29
N2043-104	F	May 3	4:00-5:30pm	\$15	Apr 26
Incation: Lak	o View	Nature Ce	nter		

**Location:** Lake View Nature Center

for the weather.



### Is your family ready to go on your first camping trip?

Our expert outdoorsman will help prepare you by teaching skills like putting up a tent, starting a fire and being safe around it, and introduce you to basic gear that will make your trip a breeze. We will even wrap up with a campfire and marshmallows. Every registered child must be accompanied by an adult.

 Age:
 5-12

 Program #
 Day
 Date
 Time
 Fee
 Register by

 N2044-101
 Sa
 May 18
 10:00am-12:00pm
 \$22
 May 11

 Location:
 Lake View Nature Center
 View Nature Center
 View Nature
 View Nature
 View Nature

## Nature Journaling for Kids

Your school age child will discover more about nature as they learn how to hone their observation skills inside and outside of the Nature Center with live animal subjects, nature hikes and journeling. They will document their findings in their very own journal they make and take with them. A different theme each class!

Aye. 0-12						
Program #	Day	Date	Time	Fee	Register by	
N2039-101	Sa	Jan 26	1:30-3:00pm	\$15	Jan 19	
N2039-102	Sa	Feb 23	1:30-3:00pm	\$15	Feb 16	
N2039-103	Sa	Mar 16	1:30-3:00pm	\$15	Mar 9	
N2039-104	Sa	Apr 13	1:30-3:00pm	\$15	Apr 6	
Location: Lake View Nature Center						

## Nature Programs

## Looking for an entertaining and educational birthday celebration?

The Nature Center provides a unique and safe environment for kids to explore, create and celebrate! Our staff will engage your guests with a fun themed experience.

Birthday parties are two hours long. Parents provide refreshments, paper goods, and treat bags.

## Nature Party Themes

### **ReptileMania!**

Interact with our live turtles and snakes. Learn about reptile habitats and behaviors and take home a reptile themed craft.

### **Flappy Bird Day!**

Learn about different types of birds (including our adorable Nature Center resident quails), go on a birdwatching hike, dissect an owl pellet and make your own birdfeeder.

### **Animal Superheroes**

Have fun interacting with a bunch of the Nature Center animal residents, while learning about their superpowers. Create your own superhero persona and make a superhero cape or mask to take home.

### The Three Bears

Learn about the three types of North American bears through stories and natural artifacts. Make a bear claw necklace to take home.

### Fishing Fun (ages 7 & up)

Learn to bait a hook, cast, and fish safely in our stocked lake. bear claw necklace to take home. Available April through October. Age: 3 and older

Fee R/NR: \$125/\$150 for up to 15 children (we offer add-ons such as extra time or a campfire for a fee)

For additional information or to request a birthday party, please visit www.obtpd.org. *Programs are adjusted based on the age of the participants.* 

## Little Sprouts Early Learning



## **REGISTER TODAY!** 2019 - 2020

Early Learning is fun at the Oakbrook Terrace Park District! All of our Early Learning opportunities are recreation based and provide a safe and stimulating environment for your child. Activities are developmentally appropriate and foster and encourage self-confidence, independence, and individual growth. Your child is exposed to counting, number and letter recognition, name recognition, early literacy, science and dramatic play that helps prepare them for Kindergarten.

- · All participants must be toilet trained; no pull ups.
- At the time of registration, parents/guardians receive a packet of information outlining the school calendar, program specifics and all required forms.
- All paperwork must be turned in prior to starting preschool.
- Parents of all registered preschool participants will be required to come to an information night to review the preschool manual which covers procedures and policies.

### Registration

To register for the 2019-2020 school year, the following is required:

- \$75 non-refundable registration fee
- Completed Registration Form
- Birth Certificate
- · Signed Fee & Payment Agreement

## **3-4** Year-Old Preschool

#### Must be 3-years old by Sep 1, 2019

Program #	Days	Dates	Time		
P1003-406	M, W, F	Begins Sep 9	9:00-11:30am		
P1003-407	M, W, F	Begins Sep 9	1:00-3:30pm		
Location: Heritage Center					

#### **Payment Options:**

Plan A	Plan B		Plan C	
\$1380 paid in full	Sep 1, 2019	\$350	Sep 1, 2019	\$235
by Sep 3, 2019	Oct 1, 2019	\$350	Oct 1, 2019	\$235
	Nov 1, 2019	\$350	Nov 1, 2019	\$235
	Dec 1, 2019	\$350	Jan 1, 2020	\$235
			Feb 1, 2020	\$235
			Mar 1, 2020	\$235



### Payment

At the time of registration, a non-refundable registration fee of \$75 is made. Payment for the school year may be made in full or the choose between two payment plans charged to a Visa, MasterCard, Discover or American Express Card. This is a 9-month program and by registering for the program you are committing to the full year payment. There is no proration for missed days. For more information on payments please review our Fee and Payment Agreement.

#### Refunds

A full refund is granted if the Park District should cancel the program for any reason. No refunds are made available after September 9, 2019 unless a written doctor's excuse is presented or the child has a special need that cannot be met by the preschool curriculum and is placed in a program in their school district, or if the child has uncontrollable, undesired behaviors/ physical aggression toward self or others, or if the Park District has determined that the program is not meeting the growth and development of the child. In these situations, a partial refund minus the deposit, office fees, and attended days would be deducted and a refund would be granted by the Park District.

## Preschool Drop In Open House

3-year-old and 4-year-old future preschoolers and their families are invited to find out what Little Sprouts Early Learning is all about! Come visit the classroom, meet our teachers, and ask any questions you may have. This is a great night for families to see if Little Sprouts is the right program for them. It is not too late to register and get your child started taking small steps towards their big future.



## Early Childhood Programs

## Lunch Bunch -**Preschool Enrichment**

Extend your child's preschool day with our Lunch Bunch Enrichments in our preschool classroom. These enrichments are designed to give your child additional enrichment outside of the preschool setting. The enrichments are fun with an educational curriculum to provide those tools for your child's next step. Classes run on Monday, Wednesday and Friday from 11:30am-1:00pm. Please pack a nut-free lunch and pick which days work best to extend your child's preschool day. Enrichments follow School District 48 calendar. Enrollment in preschool is not required.

## Little English Learners

In Little English Learners, your child will learn English in a friendly environment. This enrichment will teach your child beyond "hi" and "good-bye" in English. Special emphasis is placed upon the appropriate use of English and speech during meal, bath, and play time. Join us for a learning adventure!

### \*No class Jan 21, Feb 18 and Mar 25

Age: 3-5						
Program #	Day	Date	Time	Fee R/NR	<b>Register by</b>	
P1004-101	М	Jan 7-Mar 4*	11:30am-1:00pm	\$84/\$101	Dec 31	
P1004-102	М	Mar 11-May 6*	11:30am-1:00pm	\$96/\$116	Mar 4	
Location: Heritage Center						





## **Explore** Nature

Does your child enjoy being outdoors, learning about everything in nature? Explore Nature will provide your child with the knowledge of nature and everything it offers. Basic concepts of animals and plants will be taught through hands-on learning. Come learn, play, and create as we discover the world of nature. \*No class Mar 27

Age: 3-5

Program # Day Date Time Fee R/NR **Register by** P1004-103 W Jan 9-Mar 6 11:30am-1:00pm \$108/\$130 Jan 2 P1004-104 W Mar 13-May 8\* 11:30am-1:00pm \$96/\$116 Mar 6 Location: Heritage Center

## Phonics: Letters and Numbers

Drop the kids off for an afternoon of fun with letters and numbers. This phonics class will teach your child more than just the Alphabet Song and basic counting. Children will learn to recognize both capital and lowercase letters, as well as be able to start sounding them out. This enrichment will cover the basic concepts of number sense, shapes, and patterns. Your child's confidence will be boosted in reading, writing, and math.

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*No class Mar 1	& 29 and Apr 19
Age: 3-5	

Program #	Day	Date	Time	Fee R/NR	Register by		
P1004-105	F	Jan 18-Mar 8*	11:30am-1:00pm	\$84/\$101	Jan 4		
P1004-106	F	Mar 15-May 10*	11:30am-1:00pm	\$84/\$101	Mar 8		
Location: Heritage Center							

## 2's and 3's Just for Me

2's and 3's is an introduction to preschool. An introduction to colors, shapes, numbers, letters and the classroom routine is taught. Your child learns through crafts, songs, story time and free exploration. This transitional class teaches how to play with others, and follow directions as well as develop independence and confidence necessary to be successful in preschool. If your child is 2 or 3 but has missed the September 1st cutoff, this is the perfect class for you. A properly labeled healthy snack and drink should be provided daily. The teachers are not expected to do diaper changes; if your child needs a diaper change, the parent/guardian is contacted.

\*No class Mar 26 & 28 C-C. On V

·· <b>y</b> •· = 5						
Program #	Day	Date	Time	Fee R/NR	Register By	
P1001-101	Tu, Th	Jan 8-Mar 7	9:30-11:30am	\$224/\$269	Jan 2	
P1001-102	Tu, Th	Mar 12-May 16*	9:30-11:30am	\$224/\$269	Mar 5	
Location: Heritage Center						

## Early Childhood Programs

## Tot Rock

Maracas and clackers and tambourines, too; it's musical fun just for you! Tot Rock is a unique music and learning program designed specifically for 1-year olds. Each session focuses on a new educational theme that incorporates hand held instruments, play props, sensory integration, coordination exercises, and socialization.



Structured and unstructured time

is included in each class. Sing, dance and play today!

### \*No class Nov 20

Age: 1 with adult

Program # Day	Date	Time	Fee R/NR	Register By			
R1024-102 Th	Jan 17-Mar 7	5:15-5:55pm	\$67/\$72	Jan 10			
R1024-103 Th	Apr 11-May 30	5:15-5:55pm	\$67/\$72	Apr 4			
Location: Darien Park District, 7301 Fairview Ave.							

## Parent & Tot Movement & Music

Give your tiny tot an introduction to movement and music at the Oakbrook Terrace Park District. This class will get you and your child moving to music in a social setting. Class is designed to promote parent and tot interaction while spending time together in a structure environment.

Age: 1-2<sup>1</sup>/<sub>2</sub> with parent

Program # Day	Date	Time	Fee R/NR	Register By			
R5006-101 Tu	Feb 12-Mar 19	9:30-10:15am	\$40/\$48	Feb 5			
R5006-102 Tu	Apr 2- May 7	9:30-10:15am	\$40/\$48	Mar 26			
Location: Heritage Center							

## Kid Rock I & II

Make it a musical day! Kid Rock is a music and movement program designed to stimulate development through interactive play. Fine and gross motor skills are improved through imagination exercises, and by using rhythm instruments and movement props such as tambourines, maracas, scarves and a parachute. Presented in a structured format, Kid Rock encourages cooperation and following directions. Each session focuses on a new educational theme. Sing, dance and play today!

### Kid Rock I

Age: 2 with adult								
Program #	Day	Date	Time	Fee R/NR	Register By			
R1025-103	Th	Jan 17-Mar 7	6:00-6:45pm	\$67/\$72	Jan 10			
R1025-105	Th	Apr 11-May 30	6:00-6:45pm	\$67/\$72	Apr 4			
Kid Rock	Kid Rock II							
<b>Age:</b> 3-5								

Program # Day	Date	Time	Fee R/NR	Register By			
R1025-104 Th	Jan 17-Mar 7	6:45-7:25pm	\$67/\$72	Jan 10			
R1025-106 Th	Apr 11-May 30	6:45-7:25pm	\$67/\$72	Apr 4			
Location: Darien Park District, 7301 Fairview Ave.							

## Rhythm and Rhyme

Storytime comes to the Oakbrook Terrace Park District from Villa Park Public Library. Preschoolers enjoy stories, songs, and movements! Siblings are welcome. Join us on the following Mondays.

Age: 3-5								
Day	Date	Time	Fee R/NR					
М	Jan 14	11:45am-12:15pm	Free					
М	Feb 11	11:45am-12:15pm	Free					
М	Mar 11	11:45am-12:15pm	Free					
М	Apr 8	11:45am-12:15pm	Free					
Location: Heritage Center								

## 🥑 American Girl Doll Valentine's Day

Bring your American Girl Doll or other similar sized doll, to this unique Valentine's themed class. Enjoy decorating a special two-piece holiday outfit and finish it off with adorable pink, red and white jewelry. Take a trip to the beauty shop where we will add colorful clips and ribbons to your dolls' hair just in time for Valentine's Day. Your favorite doll will look simply adorable! **Age:** 3-5

<b></b>							
Program #	Day	Date	Time	Fee R/NR	Register By		
R1039-101	W	Feb 13	6:00-7:00pm	\$33/\$40	Feb 6		
Location: Clarendon Hills Park District, 315 Chicago Ave.							



## Youth Programs

New!

## School is out, your kids are in!

Send your kids to the Oakbrook Terrace Park District for a day of fun and activities.

The kids will participate in games, crafts, movies, and more.

Please send a peanut-free sack lunch with your child.

## **Getting Messy**

Kids will be busy making slime, playing with shaving cream, and painting away! You won't want to miss out on this mess of a day! Come in a large shirt as a smock and leave the mess with us to clean up.

<b>Age.</b> 9 12							
Program #	Day	Date	Time	Fee R/NR	Register By		
R2004-101	F	Jan 18	8:30am-3:30pm	\$32/\$39	Jan 11		
R2004-102	F	Jan 18	6:30-8:30am	\$10/\$12	Jan 11		
R2004-103	F	Jan 18	3:30-6:00pm	\$12/\$15	Jan 11		
Location: Heritage Center							

## Pajama Party

Wear your favorite pajamas for a day at the movies. We will be watching a movie while enjoying popcorn in our pajamas.

Age: 5-12							
Program #	Day	Date	Time	Fee R/NR	Register By		
R2004-104	4 M	Jan 21	8:30am-3:30pm	\$32/\$39	Jan 14		
R2004-10	5 M	Jan 21	6:30-8:30am	\$10/\$12	Jan 14		
R2004-106	5 M	Jan 21	3:30-6:00pm	\$12/\$15	Jan 14		
Location: Heritage Center							

## 😡 Sports Mania

Touch down! Goal! We will keep your child active and moving on their day off. We will spend the day playing different games. Come ready to score!

Aye. 5-12						
Program #	Day	Date	Time	Fee R/NR	Register By	
R2004-107	М	Feb 18	8:30am-3:30pm	\$32/\$39	Feb 11	
R2004-108	М	Feb 18	6:30-8:30am	\$10/\$12	Feb 11	
R2004-109	М	Feb 18	3:30-6:00pm	\$12/\$15	Feb 11	
Location: Heritage Center						

## 颲 Minute-to-Win-It Challenge

Bring your game face and quick skills to beat these minute-to-win-it games! We will provide a variety of games to play and beat in one minute. Can you beat them all?

Age: 5-12						
Program #	Day	Date	Time	Fee R/NR	Register By	
R2004-110	F	Mar 1	8:30am-3:30pm	\$32/\$39	Feb 22	
R2004-111	F	Mar 1	6:30-8:30am	\$10/\$12	Feb 22	
R2004-112	F	Mar 1	3:30-6:00pm	\$12/\$15	Feb 22	
Location: Heritage Center						

## Youth Programs



**Nature Programs Parents Night Out** 

see page 12

## First Aid for Kids

Ano: 6 10

This American Red Cross class teaches children basic health and safety tips focusing on shock, bleeding, choking, the Heimlich maneuver, burns, poisons and much more! Many hands-on activities will be provided for additional reinforcement. Upon completion of class, a Red Cross certificate will be received. Please send a lunch if your child is signed up for both the Safe at Home AND First Aid for Kids classes.

<b>Ayc.</b> 0 10						
Program #	Day	Date	Time	Fee R/NR	Register By	
R2033-101	Sa	Feb 23	12:00-1:30pm	\$31/\$39	Feb 16	
Location: Clarendon Hills Park District, 315 Chicago Ave.						



## Safe at Home

Children will learn the importance of behaving responsibly and how to handle themselves when confronted with a challenge, such as answering the telephone or the door when parents are away or occupied elsewhere in the home. Topics covered include safety in the home, proper use of keys, what to do in case of an emergency, how to respond to strangers and general house rules. Fee includes workbook. Disclaimer: This course does NOT endorse children being home alone; that responsibility lies with the parents. This course simply prepares children to be safe and careful when parents are not immediately available. Please send a lunch if your child is signed up for both the Safe at Home AND First Aid for Kids classes. Age: 6-10

Program #	Day	Date	Time	Fee R/NR	Register By
R2032-101	Sa	Feb 23	10:00-11:30am	\$31/\$39	Feb 16



## **Bricks 4 Kidz**

## Kidz Night Out! LEGO® Stem Workshop – Remote Control Mania!

Kids will love to see their creations in motion using LEGO® wireless remote controls. We will use fascinating and challenging LEGO® components to create dynamic motorized LEGO® machines! As they enjoy the fun of building, students will understand the basic working principles of many ingenious devices that are part of our everyday lives. Age: 6-10

Program #	Day	Date	Time	Fee R/NR	Register By	
R2092-101	F	Feb 15	6:00-8:00pm	\$30/\$35	Feb 8	
Location: Westmont Park District, 75 E. Richmond St.						



## LEGO® Stem Workshop – **Simple Machines**

Delve into the world of simple machines while learning about levers, pulleys, inclined planes, and then build your own simple machines completely out of LEGO® bricks! Use proprietary kits and model plans to construct exciting moving models. One-of-a kind models incorporate gears, axles, pulleys, motors and battery packs! Discover simple machines that we use in our everyday lives! Age: 6-10

Program #	Day	Date	Time	Fee R/NR	Register By
R2093-101	Sa	Apr 13	10:00am-12:00pm	\$28/\$33	Apr 6
Location: Darien Park District, 7301 Fairview Ave.					

## Kidz Night Out! LEGO® Stem Workshop – Jurassic Brick Land!

Are you ready for an adventure of a lifetime? Put on your hiking boots and camouflage...you're about to enter Jurassic Brick Land. Build a world that comes to life with motorized LEGO® dinosaur model builds! Fascinating facts about amazing dinosaurs and other extinct animals that roamed the earth and swam the seas during the age of dinosaurs will be shared. Proprietary kits and model plans incorporate gears, axles, motors, battery packs, remote controls and other technic LEGO® components. These are sure to challenge all skill levels. Age: 6-10

Program #	Day	Date	Time	Fee R/NR	Register By
R2094-101	F	May 17	6:00-8:00pm	\$28/\$33	May 10
Location: Da	arien I				

## Youth Programs

## Newl Manners Matter

Proper classroom, table and even public manners will be presented. Additionally, proper ways to speak to parents and teachers will be included while working on table etiquette. Each child will receive their own place setting to take home and practice.

Age: 5-10

Program # Day Date R2095-101 M Mar 11 Location: Westmont Park District, 75 E. Richmond St.

Fee R/NR Time 6:30-7:30pm

\$31/\$36 Mar 4

**Register By** 

## Slime of Your Life with the Easter Bunny

Have the slime of your life making slime with the Easter Bunny. The Easter Bunny mascot will be on hand as kids make slime that stretches, bubbles, and smells like spring! Customize your slime in the concoction center to smell like marshmallow peeps, tulips, cotton candy and more spring scents! Color it to be the magical colors of Easter. All kids leave with a golden egg surprise and their slime to take home.

Age: 5-11

Program #	Day	Date	Time	Fee R/NR	Register By	
R2096-101	F	Mar 8	6:00-7:00pm	\$25/\$30	Mar 1	
Location: Darien Park District, 7301 Fairview Ave.						

## Now You See It.....Now You Don't

Amaze family and friends with magic tricks that involve cards, ropes, coins, mind-reading and more. All materials are provided and each child receives a magic kit to take home. New tricks are taught each session.

Age: 5-12					
Program #	Day	Date	Time	Fee R/NR	Register By
R2006-101	М	Jan 28	6:45-7:40pm	\$20/\$25	Jan 21
R2006-102	F	Apr 12	5:00-5:55pm	\$20/\$25	Apr 5
Location: Ja					

Apr 12: Clarendon Hills Park District 315 Chicago Ave.

## Parents Night Out - Kids Fun Night!

Parents need a night out? Drop you kids off at the Oakbrook Terrace Park District for their own night out. We will be watching a movie, eating pizza, playing games, and making memories. Kids can bring their own snacks as well.

Age: 5-12

Program # Day Date R2072-101 F Mar 1 Time 6:00-9:00pm **Register By** Feb 22

Fee R/NR

\$29/\$35

Location: Heritage Center



## **CEO** Critical Thinking Lab

Critical thinking is the foundation of education and life skills development. This is an important executive function to foster in children to help them make decisions independently with confidence. Being able to identify a problem and evaluate when something is right or wrong is one of the best gifts you can offer your child. Through highly motivating dramatizations and games like toothpaste turtle, CEO Corner Office, cotton candy catastrophe, and the case of the balloon bouquet robber, children will learn how to problem solve using many methods. While critical thinking skills may take many years to develop, this will be a transformational kick-off. **∆ne**. 2-12

/ige: / 12					
Program #	Day	Date	Time	Fee R/NR	Register By
R2097-101	М	Jan 14	5:30-6:30pm	\$23/\$28	Jan 7
Location: He	eritage	e Center			

## **Root Beer Stand** Entrepreneur Workshop

Whether your child is entrepreneurial or not, they will LOVE this 90-minute unique spring adventure as they are coached on how to become a Root Beer Stand Entrepreneur. Create a partial business plan and then act out running a mock business. Targeted skills include communication, CEO thinking, self-esteem, financial literacy, marketing, and building a reputation. Class ends with a decadent root beer treat. Content is adjusted for each child's age range.

Age: /-12					
Program #	Day	Date	Time	Fee R/NR	Register By
R2098-101	М	Apr 15	6:00-7:30pm	\$39/\$42	Apr 8
Location: W	estmo	ont Park District	, 75 E. Richmon	id St.	

## Lights, Camera, Actions – Making Your Superhero Movie

Superman? Batman? Spiderman? Iron Man or Hulk? Create your very own superhero movie using special digital movie making cameras and software. As directors and producers, work in teams to create your own script and story, build Lego® scenes and film our own movie. Show your movie at a private screening on the last day. Feel free to bring characters and props from home to use in your movie. All students will get a copy of their movie.

Age: 8-12

Program #	Day	Date	Time	Fee R/NR	Register By	
R2099-101	W	Feb 13-Mar 6	4:30-6:00pm	\$76/\$82	Feb 6	
Location: Clarendon Hills Park District, 315 Chicago Ave.						

### Tinkergarten provides high-quality early childhood learning in the healthiest classroom of all-the outdoors.

Families connect with trained leaders in their local community for playbased kids classes that help develop core life skills, all while having fun! Join the movement of thousands of families learning outside together...Come to Tinkergarten! To learn more and to register for classes, visit tinkergarten.com.

## Athletic Programs

## **Early Childhood Programming**



### Pee Wee Soccer & T-Ball Combo

This class is a perfect combo for a child who is full of energy and parents who are looking for an introduction to soccer and t-ball. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this non-competitive environment. For the first two weeks of class, we will focus on soccer and the second two weeks we will work on t-ball skills. The last class will be a fun game of each sport. A fun game will be played at the end of each class. Parent participation welcomed. Please bring a water bottle.

#### \*No Class Mar 27

Aq	e:	3-	-4

Program #	Day	Date	Time	Fee R/NR	Register By		
A4007-101	W	Jan 16-Feb 13	5:00-5:50pm	\$60/\$65	Jan g		
A4007-102	W	Feb 27-Apr 3*	5:00-5:50pm	\$60/\$65	Feb 20		
Location: Fitness Center							

## 👐 Pee Wee Baseball

Step up to the plate! In this non-competitive environment, children will have a ball learning how to hit off a tee, running bases, playing catch, as well as having opportunity to learn various field positions. Participants should bring their own glove for familiarity. Parent participation welcomed.

<b>Age:</b> 3-4								
Program #	Day	Date	Time	Fee R/NR	<b>Register By</b>			
A4018-101	W	Apr 17-May 22	5:00-5:50pm	\$60/\$65	Apr 10			
Location: Fi	Location: Fitness Center							

## Parent-n-Tot Gymnastics

This program is an introductory gymnastics class which involves the participation of an adult for child support and encouragement. Our classes include the gymnastic events of balance beam, bars, tumbling, and vaulting while also working on hand-eye coordination, colors, motor skills, strength, flexibility, coordination, and balance. Our instructors follow a weekly curriculum which this fall will include themes such as Outer Space, Cartwheel Carnival, Zoonastics, Western Week, and many more. Great class to meet and make new friends and spend quality time with your child. Don't miss out on the fun! **Age:** 1-2 with adult

Program #	Day	Date	Time	Fee R/NR	Register By	
R1013-101	Tu	Jan 29-Mar 5	3:15-3:50pm	\$52/\$67	Jan 22	
R1013-102	Tu	Mar 12-Apr 16	3:15-3:50pm	\$52/\$67	Mar 5	
R1013-103	Tu	Apr 23-May 28	3:15-3:50pm	\$52/\$67	Apr 16	
Location: Westmont Park District, 75 E. Richmond St.						

### **Preschool Gymnastics**

This is a professional gymnastics program where our classes include the gymnastic events of balance beam, bars, tumbling, vaulting while also working on overall fitness, motor skills and movement education activities. Our instructors follow a weekly curriculum which this fall will include themes such as Outer Space, Cartwheel Carnival, Zoonastics, Western Week, and many more. Our program allows the child to learn at an individual pace in a positive and safe class setting. We work hard to bring out the best in each child. Join the fun!

<b>J</b> 000						
Program #	Day	Date	Time	Fee R/NR	<b>Register By</b>	
R1014-101	Tu	Jan 29-Mar 5	3:55-4:30pm	\$52/\$67	Jan 22	
R1014-102	Tu	Mar 12-Apr 16	3:55-4:30pm	\$52/\$67	Mar 5	
R1014-103	Tu	Apr 23-May 28	3:55-4:30pm	\$52/\$67	Apr 16	
Location: Westmont Park District, 75 E. Richmond St.						



## Run for Oakbrook Terrace Park District **Commissioner**

The Oakbrook Terrace Park District is looking for future candidates who want to make their community better by serving as a Park District commissioner.

Candidates must be at least 18 years of age and reside within the Park District boundaries for at least one year to be eligible to run. Interested residents can pick up a candidate packet at the Heritage Center, located at 1S325 Ardmore Ave. in Villa Park, during normal business hours (Monday-Friday, 8:30am-4:30pm).

For more information, please contact Executive Director Cathy Fallon at (630) 627-6100 or cathy@obtpd.org.



## Athletic Programs

## **Youth Programming**

## SPORTS R US

We put the "U" in Fun!

## **Junior Basketball**

Boys and girls alike will enjoy learning the skills to advance them in the world of basketball. Even if you are trying it out for the first time or you are a seasoned pro, you will have a ton of fun enhancing your skill level. Through games and drills we will practice dribbling, passing, shooting, positions and the importance of teamwork. Games will be played at the end of each class. Please bring a water bottle.

#### \*No Class Mar 27

Age: 5-7

Program # Day Date Time A4010-101 W Jan 16-Feb 13 6:00-6:50pm A4010-102 W Feb 27-Apr 3\* Location: Fitness Center

Fee R/NR Register By 6:00-6:50pm

\$60/\$65 Jan 9 \$60/\$65 Feb 20

## Lil Sluggers Baseball

Bases will be loaded with excitement and fun-filled activities to get your child on deck with the game of baseball. In this non-competitive environment, children will have a ball learning how to hit off a tee, run bases and play catch, as well as having an opportunity to learn various field positions. Participants should bring their own glove for familiarity. Parent participation welcomed. A game will be played at the end of each class.

Age: 5-/							
Program #	Day	Date	Time	Fee R/NR	<b>Register By</b>		
A4019-101	W	Apr 17-May 22	6:00-6:50pm	\$60/\$65	Apr 10		
Location: Fitness Center							

## **Youth Gymnastics**

Age: 6-12

Gymnastics is a sport that helps develop fitness, character, and self-esteem. To ensure safe and continual progress, we teach gymnastics skills in a thorough and progressive manner. Our instructors follow a weekly curriculum to ensure each child is learning at his/her pace. It is our goal to help develop a positive self-image and self-confidence in every student we teach. Comfortable clothing and gym shoes are required. Join the fun!



Program #	Day	Date	Time	Fee R/NR	Register By		
R2025-101	Tu	Jan 29-Mar 5	4:35-5:20pm	\$52/\$67	Jan 22		
R2025-102	Tu	Mar 12-Apr 16	4:35-5:20pm	\$52/\$67	Mar 5		
R2025-103	Tu	Apr 23-May 28	4:35-5:20pm	\$52/\$67	Apr 16		
Location: Westmont Park District, 75 E. Richmond St.							



### Karate

Welcome to Tang Soo Do where future Black Belt leaders are born. Black Belt Instructors, Mr. Brian Ciardullo and Mr. Jacques Abramski of Eagle Academy of Martial Arts, employ their combined 40 years experience to create a safe, fun, and enriching experience for students of all ages. Participants will learn to complete dynamic punches and kicks of the Korean art of Tang Soo Do, along with the practical self-defense applications of Hapkido. Classes are eight weeks long and are designed to instill confidence, promote selfdiscipline and improve physical fitness of students at any ability level. Uniforms and belts ranking are optional.

\*No Class Dec 25 and Jan 1 

Day	Date	Time	Fee R/NR	Register By
Tu	Dec 4-Feb 5*	6:00-7:00pm	\$52/\$60	Nov 27
Tu	Feb 12-Apr 2	6:00-7:00pm	\$52/\$60	Feb 5
Tu	Apr 9-May 28	6:00-7:00pm	\$52/\$60	Apr 2
up				
Day	Date	Time	Fee R/NR	Register By
Tu	Dec 4-Feb 5*	7:00-8:00pm	\$52/\$60	Nov 27
	Dec 4-Feb 5* Feb 12-Apr 2	7:00-8:00pm 7:00-8:00pm	\$52/\$60 \$52/\$60	,
Tu		,		Feb 5
	Tu Tu Tu up	Day         Date           Tu         Dec 4-Feb 5*           Tu         Feb 12-Apr 2           Tu         Apr 9-May 28           up            Day         Date	Tu         Dec 4-Feb 5*         6:00-7:00pm           Tu         Feb 12-Apr 2         6:00-7:00pm           Tu         Apr 9-May 28         6:00-7:00pm           up	Tu         Dec 4-Feb 5*         6:00-7:00pm         \$52/\$60           Tu         Feb 12-Apr 2         6:00-7:00pm         \$52/\$60           Tu         Apr 9-May 28         6:00-7:00pm         \$52/\$60           up

## **Fitness Center Bental**

The Oakbrook Terrace Park District Fitness Center offers open rental space for our 72' basketball court



that can be separated into two halves. We also have two racquetball court spaces for multiple activities including Wallyball set-ups. The remaining rental space is our Group Exercise Studio that can be used for a variety of purposes whether it be for a small meeting or area to do corporate team building exercises. Come check out the available space for your next rental need!

Location: 1 Parkview Plaza, Oakbrook Terrace - 630-574-0420

## Cultural Arts Programs



## The Stage School Open House Saturday, Jan 12 • 10:00am-12:00pm

## Interested in having your child join The Stage School? Join us for our winter Open House at the Heritage Center!

Meet our teachers and principal and learn more about how your child can develop poise, confidence, imagination, and creativity through drama, singing, and dance!

## Make A Musical! Fairy Tale Fever!

The perfect introduction to musical theater for your budding performer! Students will develop poise, coordination, and confidence through drama, singing, dance, and storytelling. They will bring their favorite fairy tale characters to life for the final performance, which will leave audiences singing and dancing in their seats! **Age:** 4-6

Program #	Day	Date	Time	Fee	
R5009-101	Sa	Jan 26-Mar 9	9:15-10:15am	\$83	
Register by Jan 19					
Location: H	eritad	ge Center			

## **Make A Musical!** Wonderful World of Broadway

The perfect introduction to musical theater for your budding performer! Students will develop poise, coordination, and confidence through drama, singing, dance, and storytelling. Our final performance will include popular songs from the Broadway stage, and a story that teaches children to work together, be respectful, and believe in yourself.

#### **Age:** 4-6

Program #	Day	Date	Time	Fee	
R5010-101	Sa	Apr 6-May 18	9:15-10:15am	\$83	
Register by Mar 30					
Location: H	erita	ne Center			

### Make A Musical! Disney Heroes and Villains

Dive into the wonderful world of musical theater! Students will act, sing, dance, and create their own original show based on their favorite Disney heroes and villains. Professional Chicago actors guide students through a unique storytelling process towards a final performance that is not to be missed!

Age: 7-12					
Program # Day	Date	Time	Fee		
R5007-101 Sa	Jan 26-Mar 9	10:30am-12:00pm	\$108		
Register by Jan 19					
Location: Herita	ae Center				

## Make A Musical! Broadway Stars

Dive into the wonderful world of musical theater! Students will act, sing, dance, and create their own original show based on songs and characters from the Broadway stage. Professional Chicago actors guide students through a unique storytelling process towards a final performance that is not to be missed!

Age: 7-12						
Program # Day	Date	Time	Fee			
R5008-101 Sa	Apr 6-May 18	10:30am-12:00pm	\$108			
Register by Mar 30						
Location: Heritage Center						



Wonderful World of ROADWA



New!

## Cultural Arts Programs



## 🕪 Drama Workshop Spring Break Camp

The Stage School is thrilled to offer this brand new camp for Spring 2019! Join us for a fun and unique experience in drama training and activities! Students work with a professional Chicago actor who will guide them through a variety of fun and engaging acting exercises. Topics will include improvisation, audition technique, acting for the camera, puppetry, pantomime, plus much more! Each day will have different activities and areas of focus. Students can enroll anywhere from one day to all five days! All students must bring their own lunch and water bottle. Age: 7-12

Program # Day Date Time R5011-101 M-F Mar 25-29 8:30am-3:30pm

Fee \$38 per day

Register by Mar 18 Location: Heritage Center

## Birthday Parties with The Stage School

Celebrate your child's next birthday with The Stage School! Our parties are themed parties for children between 4-12 years old. Parties include a party host in full costume that will remain in character for the entire party. The party host will entertain the children with a variety of high-energy drama games based around the theme of the party. The party host will have prizes they award to the children during game time. A 30-minute break for cake or treats will happen half way through the party. After the break, the party host will tell the children the story based on the theme of the party and help the children to creatively tell the story using simple props and costume pieces. The children and host will perform their story for family and friends at the end of the party. Time of party is two hours.

#### Themes Include:

Spy Escape

Disco Divas

Fee: \$290

- Knights and Princesses
   Pirate Adventure
- Wizard World
- Jungle Safari

**Cultural Arts** 

## Private Music Lessons

Students of all ages and experience levels are invited to study piano. Each session is 30 minutes. Students will be exposed to music technique, note-reading, diverse and varied repertoire. Each student has their own option to set their own goals and interests with instructor. Be sure to register early to reserve your time spot!

#### \*No class Mar 26 & 28 Among and all all and

Age: 5 and older						
Program #	Day	Date	Time	Fee R/NR	Register by	
Call to schedule	Tu	Feb 5-Apr 2*	Varies	\$136/\$163	Jan 29	
Call to schedule	Th	Feb 7-Apr 4*	Varies	\$136/\$163	Jan 31	
Location: Heritage Center						

## Jazz & Ballet Combo

This combo class will expose your child to the fun and interactive types of dance. Students will learn basic technique, body alignment and terminology. Dancers will be able to understand the specific differences between ballet and jazz in an upbeat, exciting class. Class attire: Hair pulled back, leotard, tights, ballet shoes and jazz shoes. Ane 5-7

Program # Day	Date	Time	Fee R/NR	Register by		
R5004-101 Th	Feb 14-Mar 21	4:00-4:45pm	\$55/\$66	Feb 7		
R5004-102 Th	Apr 4-May 9	4:00-4:45pm	\$55/\$66	Mar 28		
Location: Fitness Center						

## Hip Hop

Hip Hop is a fun, upbeat, and free-formed style of dance. This class will teach dancers creativity, attitude, posture, and how to move their body in sharp percussive movements. This high energy class will get your dancer moving with the music with a variety of combinations. Class attire: Hair pulled back., leotard or tank top, dance shorts or leggings, and gym shoes.

<b>Age</b> : 7-9							
Program #	Day	Date	Time	Fee R/NR	<b>Register by</b>		
R5005-101	Th	Feb 14-Mar 21	5:00-6:00pm	\$60/\$72	Feb 7		
R5005-102	Th	Apr 4-May 9	5:00-6:00pm	\$60/\$72	Mar 28		
Location: Fitness Center							



## Oakbrook Terrace Park District | obtpd.org

## Teen Programs

## **Teen Service Project Series**

The Teen Service Series is a fun way to get service hours or just dedicate some time to helping others. Each season features service opportunities available in the surrounding area.

## The Birches Assisted Living Service Project

The Birches provide their residents with the necessary resources to live a physically, mentally, and socially active life, so they can remain healthy, strong, and vibrant at any age. Volunteering for one of these events allows you to make a difference in the lives of these residents as well as have fun in the process!

<b>Age:</b> 12-17						
Program #	Day	Date	Time	Fee R/NR	Register By	
R3010-103	М	Jan 21	10:00-11:30am	Free	Jan 14	
Location: Birches Assisted Living, 215 55th St., Clarendon Hills						

## Feed My Starving Children

Feed My Starving Children is a non-profit organization dedicated to feeding children around the world in over 70 countries. Teens will volunteer and hand pack meals to be sent to malnourished children. Fee covers transportation and supervision.

<b>Age:</b> 12-17					
Program #	Day	Date	Time	Fee R/NR	Register By
R3010-102	W	Mar 13	5:15-8:00pm	\$8/\$16	Mar 6
Location: $\Box$	isle Pa	rk District I	Recreation Center,	1925 Ohio	St.

## Escape Room

It's a race against time as players solve a series of puzzles using clues, hints and strategy to complete the objectives at hand to unveil the secret plot which is hidden within the room. The escape room is in Downers Grove but will meet at the Oakbrook Terrace Park District where transportation will be provided. Spots are limited due to the room restriction so sign up while they are still available! **Age:** 12-16

Program #	Day	Date	Time	Fee R/NR	Register By
R3035-101	М	Feb 18	1:15-2:45pm	\$23/\$29	Feb 11
Location: Fuzzy Logic Escape Room, 130 Ogden Ave.					

## Teen Job Fair

What are you going to do this summer? Need some extra cash? The summer job search starts now! All job seekers ages 15-22 are invited to the Darien Park District to meet with local park districts to learn about their employment opportunities. Fill out an application on-site or take it home with you. Come prepared to ask and answer questions. Find out the most common mistakes teens are making during the job search and interview process. Learn how social media sites like Facebook, Twitter, and Instagram are used by employers to find out about you before you get an interview. Remember, you never get a second chance to make a first impression! There is a fee for the training class, but the job fair is free. Districts that will be present at the job fair include Lisle, Downers Grove, Bolingbrook, Westmont, Oakbrook Terrace, Clarendon Hills, Darien and Woodridge.

## **Note:** Pizza and beverages will be provided for the interview/ application training class.

Age: 15-22					
Program #	Day	Date	Time	Fee R/NR	Register By
R3037-101	W	Feb 20	5:30-7:00pm	\$15/\$20	Feb 13
			7:00-8:00pm (Job Fair)	Free	
Location: Darien Park District Community Center, 7301 Fairview Ave.					

## **Get the Results You Want!**

## The Oakbrook Terrace Park District offers personal and group training packages

Get results! There are many benefits when you workout with a trainer who is flexible and willing to work around times that are convenient for you.

A few benefits of one-on-one training:

- Motivation and accountability
- Obtaining the most results in the fastest time
- Injury prevention

### **Personal Training**

Personal training sessions are not included in a membership and are available for an additional cost by appointment only. Health questionnaires and physician's approval may be necessary before training can begin.

### **Group Training**

Reach your workout goals with a friend! This group based training offers those with similar workout goals to work with one of our personal trainers in a group setting. So grab a workout partner and join this great fitness program! Time and dates may vary based upon availability.

1 Parkview Plaza · Oakbrook Terrace, IL 60181 · 630-574-0420 · obtpd.org

Register Today! 630-574-0420 See page 5 for more details

Oakbrook

Terrace

PARK DISTRICT

FITNESS CENTER

## Teen Programs

## Self Defense Seminar

This workshop is designed to be extremely effective in teaching girls how to protect themselves. The central focus is to create a safe learning environment while ensuring high quality service. All instructors are members of the Bolingbrook Police Department. Training includes practicing full force self-defense techniques on a padded instructor as well as everyday safety skills which focus on awareness and prevention skills. The workshop emphasizes techniques that can stop an attack without violence. All workshops involve physical practice, role plays and stories to teach skills. Students should wear athletic clothing and gym shoes.

Personal Safety	"I can use my own power to stay safe."
Confidence	"I can believe in myself."
Self-Protection	"I can protect myself from trouble."
Advocacy	"I can speak up for myself and others."

Age: 10-14

Program # Day	Date	Time	Fee R/NR	Register By
R3031-101 Sa	Mar 23	12:30-2:30pm	Free	Mar 15
R3031-102 Sa	May 4	12:30-2:30pm	Free	Apr 26
Location: Bolingbrook Recreation & Aquatic Complex,				
200 L	_indsey /	Ave.		

## Fitness Classes see pages 8-9



## 😡 Teen Photography Class

Photography for Teens is a beginner's digital photography course where teens will have fun learning about photography and their cameras. You will learn how to take better photos with any camera you have and how to shoot better photos with basic composition skills. \*Requirement – Any digital camera

**Age:** 13-17

Program #	Day	Date	Time	Fee R/NR	Register By
R3040-101	Sa	Apr 13	9:00am-12:00pm	\$25/\$30	Apr 6
Location: Darien Park District Community Center, 7301 Fairview Ave.					

# **BODY + SOUL**

Loyola Medicine's clinically integrated care teams have the experience and expertise to manage every health condition. From testing and diagnosis to treatment and rehabilitation, our board-certified physicians offer world-class treatment close to home. At Loyola, we are committed to providing quality, innovative care that focuses on both *body + soul*.

Loyola Center for Health at Oakbrook Terrace 1S224 and 1S260 Summit Ave. Oakbrook Terrace, IL 60181 888-584-7888 We also treat the human spirit.<sup>®</sup>



## Not Your Mother's Line Dancing

Love to dance but don't have a partner? Learn to line dance to country, pop, rock, oldies, and current hits using a pattern of steps that repeats throughout a song.

#### \*No class Feb 14

Age: 16 and older

Program #	Day	Date	Time	Fee R/NR	Register By
R4039-101	Th	Jan 10-Feb 21*	6:30-7:45pm	\$50/\$55	Jan 3
R4039-102	Th	Mar 14-Apr 18	6:30-7:45pm	\$50/\$55	Mar 7
R4039-103	Th	Apr 25-May 30	6:30-7:45pm	\$50/\$55	Apr 18
Location: Darien Park District, 7301 Fairview Ave.					

## **Basic Photography**

What is ISO and noise? What are fast lenses? What is depth of field? What is selective focus? How do I stop fast action? When do I use a tripod? These and many more questions will be answered in our Basic Photography class. After this class, you will no longer fear taking your camera out of automatic. These classes are for students who are new to photography. Note: Because every camera is different in its operations and controls, you must bring your camera manual to class.

Age: 16 and older

Program #	Day	Date	Time	Fee R/NR	Register By
R4004-101 \$	Sa	Jan 26	9:00am-12:00pm	\$36/\$41	Jan 19
Location: Darien Park District, 7301 Fairview Ave.					



## **Beginning Photography**

Do you have an interest in photography but don't know where to start? Do you appreciate beautiful photos and wish you knew how to take them? No need to feel ashamed of your photo experience (or lack thereof) any longer! Delve into your newly-found passion as professional photographer Mike Smith shows you the ropes of photography. From the different types of camera and lenses to perspective and composition control, exposure, lighting, and more; you'll learn key concepts that will get your photography adventure started in the right steps! Note: Bring your own DSLR camera to class. Assignments will be given at each class session. **Age:** 16 and older

Program # Da	y Date	Time	Fee R/NR	Register By	
R4003-101 Sa	Feb 2-Mar 9	9:00am-12:00pm	\$115/\$120	Jan 26	
Location: Darien Park District, 7301 Fairview Ave.					



## A.C.T. F.A.S.T. Women's Self Defense Seminar

Personal tragedy in the form of a sexual assault of a former girlfriend led martial artist and extreme fighting champion, Mark Streator, to an in-depth study of self-defense programs for women. Finding many of them inadequate and even leading to a false sense of security, Mark created the A.C.T. (A Course Teaching) F.A.S.T. (Female Assault Survival Tactics) seminar through research, practical experience and innovative thinking. In this single session seminar, you will learn how to tap into powerful survival instincts that we all possess, tactics and techniques critical to personal safety, situational awareness and the ability to avoid or respond to a violent attack, hear true stories that can help you avoid deadly judgment mistakes. You'll also have an opportunity (optional) to test what you've learned in a "1-minute blitz."

Program #	Day	Date	Time	Fee R/NR	<b>Register By</b>
R4035-101	W	Jan 30	6:30-9:00pm	\$50/\$62	Jan 23
R4035-102	W	Apr 3	6:30-9:00pm	\$50/\$62	Mar 27
Location: Clarendon Hills Park District, 315 Chicago Ave.					

## 👐 Decluttering and Downsizing

Join the Oakbrook Terrace Park District and Lexington Square for a program to benefit your home. Clutter can be unsafe and unhealthy. Learn what clutter is and what to do with it. Learn about downsizing your belongings. Both decluttering and downsizing are very important steps if you are wanting to improve your living environment or if you are planning to sell your home. Presentation given by Monica Barichello, Director of Community Outreach Lexington Square of Lombard and Elmhurst. Registration is required.

Program # Day	Date	Time	Fee R/NR	Register by		
R4063-101 Tu	Feb 26	7:00-8:00pm	Free	Feb 19		
Location: Heritage Center						

## Can You Afford to Retire?

Age: 18 and older

In this 45-minute presentation, Greg Kurinec will help you evaluate your personal ability to retire. Greg will provide you with a selfassessment, checklists, and will guide you through the ten critical questions any retiree needs to answer with confidence.

Program # Day Date	Time	Fee R/NR	Register by		
R4033-101 W Apr 3	7:00-8:00pm	Free	Mar 27		
Location: Westmont Park District 75 F Richmond St					

## Active Adult Programs

## **Active Adults Club**

Are you over the age of 55 and looking for something to do on the second Monday of every month? Join the Active Adults Club. Membership is valid from May 1, 2018- April 30, 2019.

### 2018/2019 Membership

### **Three Payment options available**

Program #	# R5001-201
-----------	-------------

Package	Fee	Inc
Gold	\$37	10
		hol
Silver	\$13	10
A La Carte	\$5	1 d

Includes 10 monthly drop-in and both holiday luncheons 10 monthly drop-in's 1 drop-in

### Membership includes:

- 10 monthly drop-in programs
- Socializing
- Entertainment
- Games
- Speakers
- Program snack and coffee
- Thanksgiving Luncheon (included in Gold Package)
- Holiday Luncheon (included in Gold Package)



## Oakbrook Terrace Lions Club

The Oakbrook Terrace Lions Club meets the first Monday of every month at Anyway's Restaurant and the third Monday of every month at the City of Oakbrook Terrace City Hall at 7:30pm. The Lions members are active in community events, fundraising and volunteering. For more information or interested in joining, please contact Lions Club Member Paul Zubinski at 630-217-1722.





Silver and A La Carte Members may attend the Holiday Luncheon's at the fees listed below.

### **Silver Package**

- \$5 Thanksgiving Luncheon
- \$17 December Holiday Luncheon

### **Drop-in Program**:

Date	Time/Program
Jan 14	12:30pm/Karaoke
Feb 11	12:30pm/Valentine's BINGO
Mar 11	12:30pm/Visit from the Nature Center
Apr 8	12:30pm/Pizza Day

### \$32 December Holiday

A La Carte

Luncheon

\$20 Thanksgiving Luncheon

### Location

Heritage Center Heritage Center Heritage Center Heritage Center



## FREE Active Adults Workout Time

see page 9

## Camps

### SUMMER CAMP REGISTRATION

All registration is accepted on a first come, first served basis. A completed registration form and payment

are due at the time of registration.



All registration completed by May 1st will receive the early bird price!

All registration for the following week must be completed by 4:00pm the Friday prior.

### The camp schedule will include fun weekly themes, games, arts & crafts, and outdoor play.

Children need to bring sunscreen and a drink every day. All campers will receive a camp t-shirt! Check the Summer Brochure for all the themes. Campors must be potty-trained

campers n	lust be polly-l	lameu.	
Age: 3-5		Day: M, W, F	Time: 9:00am-12:00pm
Program #	Date	Fee R/NR	
C1001-201	Jun 3-7	\$65	
C1001-202	Jun 10-14	\$65	
C1001-203	Jun 17-21	\$65	EARLY BIRD PRICE
C1001-204	Jun 24-28	\$65	is \$55 per week
C1001-205	Jul 1-5	\$65	until May 1st! Payment
C1001-206	Jul 8-12	\$65	plan options available.
C1001-207	Jul 15-19	\$65	Come to the Heritage
C1001-208	Jul 22-26	\$65	Center for more details.
C1001-209	Jul 29-Aug 2	\$65	
C1001-210	Aug 5-9	\$65	
Location: He	eritage Center		

## SUMMER CAMP IS A PLACE FOR YOUR CHILD TO CREATE FOREVER MEMORIES IN AN EXCITING AND NURTURING ENVIRONMENT.

### The camp schedule will include fun

weekly themes, games, arts & crafts, swimming, and weekly field trips. Campers will swim on Tuesdays and Thursdays and go on weekly field trips on Wednesdays. Children need to bring sunscreen, lunch and a drink every day. All campers will receive a camp t-shirt! Check the Summer Brochure for all the themes and trips!

(\*No Camp Jul 4)

All camps are held at the Heritage Center.

Age: 5-12		Day: M-F
Program #	Date	Fee R/NR
C2001-251	Jun 3-7	\$148
C2001-252	Jun 10-14	\$148
C2001-253	Jun 17-21	\$148
C2001-254	Jun 24-28	\$148
C2001-255	Jul 1-5*	\$120
C2001-256	Jul 8-12	\$148
C2001-257	Jul 15-19	\$148
C2001-258	Jul 22-26	\$148
C2001-259	Jul 29-Aug 2	\$148
C2001-260	Aug 5-9	\$148
Location: He	eritage Center	

Time: 8:30am-3:30pm

#### **EARLY BIRD PRICE**

is \$138 per week until May 1st! Payment plan options available. Come to the Heritage Center for more details.



## **ONLY AVAILABLE FOR SUPER STAR SUMMER CAMP**

### **Sunrise Camp**

Start the day off right with Sunrise Camp! This is a great option for families who need to begin the day a little earlier.

Age: 5-12	<b>Day:</b> M-F ( <b>*No Camp Jul 4</b> )			Time: 6:30-8:30	)am
Program #	Date	Fee	Program #	Date	Fee
C2001-261	Jun 3-7	\$30	C2001-266	Jul 8-12	\$30
C2001-262	Jun 10-14	\$30	C2001-267	Jul 15-19	\$30
C2001-263	Jun 17-21	\$30	C2001-268	Jul 22-26	\$30
C2001-264	Jun 24-28	\$30	C2001-269	Jul 29-Aug 2	\$30
C2001-265	Jul 1-5*	\$24	C2001-270	Aug 5-9	\$30
Location: He	eritage Center				

### **Sunset Camp**

Wind down after a fun day at camp with Sunset Camp! This is a great option for families who need to extend the day a little longer. Dav: M-E (\*No Camp Jul A) Ane: 5-12 Time: 3'30-6'00pm

Age. 5-12	Day. MIT ( NO Camp Jul 4)			nne. 3.30-0.00pm	
Program #	Date	Fee	Program #	Date	Fee
C2001-271	Jun 3-7	\$40	C2001-276	Jul 8-12	\$40
C2001-272	Jun 10-14	\$40	C2001-277	Jul 15-19	\$40
C2001-273	Jun 17-21	\$40	C2001-278	Jul 22-26	\$40
C2001-274	Jun 24-28	\$40	C2001-279	Jul 29-Aug 2	\$40
C2001-275	Jul 1-5*	\$32	C2001-280	Aug 5-9	\$40
Location: Heritage Center					

### Winter Spring | 2019

28

## **NEDSRA**



### PROGRAMS FOR INDIVIDUALS WITH DISABILITIES

Through our partnership with Northeast DuPage Special Recreation Association (NEDSRA), individuals with a disability are offered over 600 recreational opportunities each year. If you or someone you know has a disability, contact NEDSRA today for information about recreation programs and services! All ages and ability levels served.

## FEATURING:

Special Olympics Cultural Arts Programs Adaptive Sports School Day Out Programs Sensory Station Social Clubs

New participants receive a

## **\$20 DISCOUNT**

towards their first program registration!

A PROUD SERVICE OF THE OAKBROOK TERRACE PARK DISTRICT 1770 W. Centennial Place Addison, IL 60101 630-620-4500 nedsra.org

Oakbrook Terrace Park District | obtpd.org

## Parks & Facilities Rentals

### Looking for a great space to host your event or gathering?

Let the Oakbrook Terrace Park District help find the perfect space to suit your needs! We have many flexible outdoor options at one of our beautiful parks. Our indoor options include a gymnasium, a theater and meeting rooms. To request a rental space at the Fitness Center, visit https://www.obtpd.org/fitness-center-rental-request-form. To request a rental space at all other facilities and parks, visit https://www.obtpd.org/facility-rental-request-form. For more information, call 630-627-6100.

## Facility/Room Rentals

## **Heritage Center**

1S325 Ardmore Ave, Villa Park 630-627-6100

The Heritage Center is home to The Mario Parente Theater which can seat up to 130 people, has a full stage, dressing room, lighting and PA booth. The Heritage Center also has three meeting rooms available that can be rented. Our Board Room can seat up to 15 people, our Multipurpose Room can seat up to 35 people and our Cedar Room can seat up to 45 people.







## **Fitness Center**

1 Parkview Plaza, Oakbrook Terrace 630-574-0420

The Fitness Center offers rental space in our 72' basketball court that can be separated into two halves. We also have two racquetball courts for multiple activities like Wallyball. Remaining rental space includes our Group Exercise Studio that can be used for a variety of purposes whether it be for a small meeting or area to do corporate team building exercises.

Facility/Room Rental Rates	Resident Rate	Non-Resident Rate	Corporate Rate	Non-Profit Rate
Heritage Center				
Cedar, Multi-Purpose or Board Room (per hour)	\$40	\$65	\$75	\$40
Mario Parente Theater (5 hour min.)	\$250	\$250	\$250	\$250
Theater Additional Hour	\$50	\$50	\$50	\$50
Fitness Center				
Full Court Gym	\$60	\$96	\$110	\$60
Half Court Gym	\$30	\$48	\$55	\$30
Group Studio	\$35	\$55	\$62	\$35
Racquetball Court (1 hour min.)	\$35	\$55	\$62	\$35

## Parks & Facilities Rentals

## **Park Rentals**

## Heritage Park

#### 1S325 Ardmore Avenue Villa Park

Beautiful Heritage Park can be reserved for company picnics, family gatherings, and social events.

### The amenities of Heritage Park include\*:

- Playground with a pyramid climber
- One full size & two half-court basketball courts
- Two sand volleyball courts
- Two tennis courts
- Charcoal grill
- Gazebo with picnic tables
- Interpretive garden
- Picnic areas
- Green space
- Walking path
- Outdoor exercise stations
- Portable restrooms
- \* Some amenities may require an additional fee.



## **Terrace View Park**



#### 1 Parkview Plaza Oakbrook Terrace

This hidden park is home to the Park District's Fitness Center, Nature Center, as well as various recreational sites, picnic areas, and a lake with fountains.

### The amenities of Terrace View Park include\*:

- Softball field
- Large gazebo with picnic tables and charcoal grills
- Floating stage
- Hill for event seating
- Walking trail
- Lake stocked annually
   (Illinois fishing regulations apply)
- Playground
- Portable restrooms
- \* Some amenities may require an additional fee.

## **Dorothy Drennon Park**

### Nimitz & Eisenhower Roads Oakbrook Terrace

Site is limited to 100 people and has seating for 35. A barbecue grill, two gazebos, playground, and portable restrooms are available. There is limited parking available.

### The amenities of Dorothy Drennon Park include:

- Two gazebos
- Charcoal grill
- Picnic tables with seating for 35
- Playground equipment
- Portable restrooms



Park Rental Rates	Resident Rate	Non-Resident Rate	Corporate Rate	Non-Profit Rate
Heritage Park				
Gazebo (3 hour min.)	\$150	\$240	\$275	\$150
Gazebo Additional Hour	\$40	\$65	\$75	\$40
Basketball Courts, Tennis Courts or Sand Volleyball Courts (per hour)	\$50	\$80	\$92	\$50
Terrace View Park				
Gazebo (3 hour min.)	\$150	\$240	\$275	\$150
Gazebo Additional Hour	\$40	\$65	\$75	\$40
Ball Field (per hour)	\$50	\$80	\$92	\$50
Dorothy Drennon Park				
Gazebo (3 hour min.)	\$150	\$240	\$275	\$150
Gazebo Additional Hour	\$40	\$65	\$75	\$40

### Oakbrook Terrace Park District | obtpd.org

## Parks & Facilities Map





## **Registration** Information





### **Registration Guidelines**

- Registration for residents of Oakbrook Terrace Park District, will begin on Monday, December 3.
   Open registration will begin on Monday, December 10.
- 2. All registrations are accepted on a first-come, first-serve basis.
- 3. Payment must accompany registration.
- **4.** There is a non-resident fee per participant per class for those not living within Park District boundaries, unless otherwise noted.
- Activities are held at the Fitness Center, Nature Center, and Heritage Center. Please check to see which location the class is being held. Not all programs are held at our sites.
- There is a \$25 administration fee for returned checks. These fees must be paid in cash to the Business Services Coordinator.

## **Refund/Cancellation Policy**

- If a class minimum is not met, the class will be cancelled and registration fees will be returned.
- 2. No refunds will be given after the registration deadline has passed unless physician's documentation is presented.
- **3.** No refunds will be given after a ticket for a trip, stage show or other special event has been purchased.
- **4.** Refunds given prior to the registration deadline will be charged a \$5 processing fee. Please allow two weeks for processing.

## **Registration Deadline**

Don't let a good class cancel! A good class might be cancelled if you wait until the last minute to sign up. At some point, we must decide whether a program or activity will take place. If that class has not registered a minimum number of participants, it will be cancelled. So remember, save a class and register by the program registration deadline. Please refer to the Oakbrook Terrace Park District brochure for program registration deadlines.



**Registration** Form



Main Contact Last Name:		First Name:	Birth date:
Address:		City:	Zip Code:
Phone:	E-Mail Address:		

Participant Last Name	Participant First Name	Birth date	Sex	Program Name	Program #	Fee
						\$
						\$
						\$
						\$
						\$
Does the participant require special accommodations? If so, please note on line below. O Yes O No Total Fees:					Total Fees:	\$

**Refund/Cancellation Policy:** 1. If a class minimum is not met, the class will be cancelled and registration fees will be returned 2. No refunds will be given after the registration deadline has passed unless physician's documentation is presented 3. No refunds will be given after a ticket for a trip, stage show or other special event has been purchased. 4. Refunds given prior to the registration deadline will be charged a \$5 processing fee. Please allow two weeks for processing.

Payment Type: O Cash	O Credit Card #	Exp. Date /
O Check #	Signature Authorizing Payment	

The Oakbrook Terrace Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Oakbrook Terrace Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/ or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

**WARNING OF RISK** Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the Oakbrook Terrace Park District to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided). I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Oakbrook Terrace Park District, including its officials, agents, volunteers and employees.

**TRANSPORTATION** Please read this carefully and be aware that in consideration for the Oakbrook Terrace Park District providing transportation services to/for this program, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of said services, including but not limited to, vehicle operations and boarding and exiting the vehicle. I recognize and acknowledge that the Oakbrook Terrace Park District is neither a common carrier nor in the business of providing transportation services to the public. I further recognize and acknowledge that there are certain risks of physical injury to vehicle passengers, and I voluntarily agree to assume the full risk of any injuries, damages or loss, regardless of severity that my minor child/ward or I may sustain as a result of participating in any and all activities connected with or associated with receiving transportation services, including, but not limited to, injuries, damages and loss arising out of negligent operation or supervision of the vehicle. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) against the Oakbrook Terrace Park District, including its respective officials, agents, volunteers and employees (hereinafter collectively referred as "Parties").

**PHOTO RELEASE** By registering for any Park District program/event/league you agree to allow publication of any photos taken at any program, event, or facility of the Oakbrook Terrace Park District.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims.
If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form
signature. I HAVE READ AND FULLY UNDERSTAND THE ABOVE PROGRAM DETAILS AND WAIVER AND RELEASE OF ALL CLAIMS.

Date

**STAFF USE ONLY** 

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1 S 325 Ardmore Avenue Villa Park, IL 60181 Phone 630-627-6100 PRESORTED STANDARD U.S. POSTAGE PAID LOMBARD, IL 60148 PERMIT #350

## ECRWSS Residential Customer

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